Course Description

A guide to clinical management of idiopathic scoliosis to provide clinicians with a foundation for performing tailored examinations and developing optimized treatment strategies that integrate various concepts of the Schroth Method, Dynamic Neuromuscular Stabilization and the Janda approach.

The class incorporates psychosocial considerations of individuals with idiopathic scoliosis, multidisciplinary collaboration, prognostication, and a three-dimensional model for planning assessments and interventions.

Course Objectives

• Identify and label scoliotic spinal curvatures
• Perform a thorough physical therapy examination, including three-dimensional analyses of static and dynamic movement for individuals with idiopathic scoliosis
• Perform Level 1 physical therapy classification
• Identify the types of orthoses used in the management of idiopathic scoliosis and indication for use
• Exhibit proficiency in selecting and prescribing physical therapist interventions

Course Schedule

8:00 am- 9:00 am: Introduction to Idiopathic Scoliosis
9:00 am- 9:15 am: Break
9:15 am- 11:00 am: Assessment of Idiopathic Scoliosis
11:00 am- 12:00 pm: Lab
12:00 pm- 1:00 pm: Lunch
1:00 pm- 2:15 pm: Special Considerations
2:15 pm- 2:30pm: Break
2:30 pm- 3:30 pm: Treatment Methods
3:30 pm- 5:00 pm: Lab
5:00 pm: Conclusion/Questions

Speakers:
Gina Hu, DPT, OCS
Ashley Calvillo, DPT, OCS
Katherine Finn, DPT, OCS
Melissa Urrutia, DPT, OCS
Chukwuemeka Nwigwe, DPT, OCS

Location:
Kaiser Permanente West LA 6041 Cadillac Ave LA, CA 90034

Contact:
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Registration Fee: $25
This course is approved for 0.725 CEU’s or 7.25 contact hours