Regional Interdependence in Management of Lower Quarter Musculoskeletal Impairments

January 16, 2021, 8:00am-3:00pm
Kaiser Permanente West LA – 6041 Cadillac Ave. Los Angeles, CA 90034
Registration Fee: $25

Speakers:
- Allison Niedere, PT, DPT
- Demi De Guia, PT, DPT
- Michael Ito, PT, DPT, OCS
- Michael Munoz, PT, DPT, OCS
- Stacey Yates, PT, DPT

Objective:
- Establish relevant terminology and theories related to muscle chains/slings
- Identify musculoskeletal impairments within context of muscle chains/slings during examination
- Identify the framework of muscle chains/slings to apply during treatment

Course Outline:
- 8:00–9:00am: Introduction to Muscle Chains/Slings Theories, Types and Importance (Part 1)
- 9:00–9:15am: Break
- 9:15–10:00am: Introduction to Muscle Chains/Slings Theories, Types and Importance (Part 2)
- 10:00–11:00am: Objective Examination Procedures for Lower Quarter
- 11:00am–12:00pm: Lunch
- 12:00–1:00pm: Introduction to Lower Quarter Case Study
- 1:00–2:00pm: Assessment and Intervention
- 2:00–3:00pm: Conclusion, Q&A

Questions? Contact:
Jason Tonley, PT, DPT, OCS
(323) 857–2531 // Jason.C.Tonley@kp.org