Fellowship Handbook

2022/2023

Kaiser Permanente Southern California

Orthopaedic/Sports Rehabilitation Fellowship

3.4.22

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**2022/2023**

**CLASSROOM/LAB CONTENT SUMMARY**

**Required Content**

Advanced Clinical Reasoning Content Areas: **40 hours**

1. Decision Making Models
2. Data Collection
3. Data Interpretation
4. Treatment Planning
5. Treatment Progression
6. Patient Collaboration
7. Emotional Intelligence \_ Enhancing Communication With Your Patients

Sports Rehabilitation Content Areas: **104 hours**

1. Clinical Reasoning related to Injury, Impairment of Body Function, Activity Restrictions, and Level of Participation
2. Medical, Surgical, Training, Coaching, and Patient Collaboration
3. Motor Coordination and Movement Analysis
4. Therapeutic Exercise and Motor Learning
5. Gait and Running Mechanics
6. Rehabilitation and Return to Sport Specific Activity with an emphasis on Walking, Running, Throwing, Swimming, Cycling, and Golfing
7. Primary and Secondary Injury Prevention and Community Health

Orthopaedic Content Areas: **184 hours**

1. Pelvic Girdle, Hip Examination and Treatment Procedures
2. Knee, Ankle, Foot Examination and Treatment Procedures
3. Shoulder, Elbow, Wrist, Hand Examination and Treatment Procedures
4. Upper Quarter Combined Movements and Mobilization with Movement
5. Spine Manual therapy examination and Treatment Procedures
6. Proprioceptive Neuromuscular Facilitations
7. Medical Screening

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| Research/ Critical Analysis **16 hours**  1. Analysis of Scientific Literature/Case Report Writing |
| 2.: Low Back Disorders – Evidence-based Practice |
| 3. Reports, Presentations and Consultation |
| 4.: Reports, Presentations and Consultation |

**Sports 12.2.21 (Tentative)**

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| Date | Day(s)  of  Week | Topics/Content of Instruction | Instructors |
| March 5th | Saturday | Orientation to the program  Skills workshop: Effective History Taking Strategies  Clinical Reasoning- Introductions | Skulpan Asavasopon  Denis Dempsey |
| March 6th | Sunday | Pain Intelligence | Skulpan Asavasopon |
| March 12th | Sat  KPWLA | Emotional Intelligence: Understanding and Improving Communicationwith your patients – Part 1. | Renee Rommero |
| March 13th | Sunday | Clinical Reasoning 1 | Skulpan Asavasopon |
| March 19-20 | Sat and Sun | Spine Assessment WorkShop:  Effective History Taking Strategies  Data Collection | Denis Dempsey |
| TBD | Sat | Shirley Sahrmann Seminar | Shirley Sahrmann |
| April 2nd | Saturday  KP Sunset  8-6 pm | Movement System Impairment Model  Movement Exam - Lumbar & Cervical | Francisco De la Cruz |
| April 9th- 10th | Sat & Sun | Lumbar Spine– Classification models, –Manual procedures and  Movement coordination disorders | Denis Dempsey  Ernie Linares |
| April 23 24th | Sat & Sun | Lumbo/Pelvic Girdle/Hip Manual procedures and Movement coordination disorders | Ernie Linares |
| Apr 30th/May 1st | Saturday/Sunday  KPWLA | Clinical Reasoning II-III: Reasoning through Pain Presentations (at KPWLA) | Skulpan Asavasopon |
| May 14st-15th | Sat/Sunday  KPWLA | Critical Analysis of Scientific Literature, Presentation Proposals,  Gait Biomechanics and Pathomechanics | Chris Powers |
| May 21-22 | Sat & Sun | Cervical Spine \_ Classification Models, Manual procedures  Movement coordination disorders | Denis Dempsey  Marshall LeMoine |
| Jun 4th/5th | Sat & Sun | Cervical Spine # 2/Shoulder Manual procedures/Movement coordination disorders | Ernie Linares |
| Jun 11th | Saturday | \*\*Manual Procedures: Knee, Ankle, and Foot | Ernie Linares &  Jim Ries |
| Jun 12th | Sat | Thoracic Spine/Ribs | Jim Ries |
| Jun 18-19th | Sat Sun  MPI | Clinical Application of Biomechanical Principles and Technology for the Evaluation of Lower Extremity Pathomechanics | Chris Powers |
| TBD | Saturday  KPWLA | Emotional Intelligence: Understanding and Improving Communication  with your patients – Part 2 | Renee Rommero |
| July 16/17 | Sat/Sun | Clinical Application of Technology in the Evaluation and Treatment of Gait-Related Pain and Dysfunction | Chris Powers |
| Jul 31st | Sat | Advanced Spine Mobilizations Cervical and Lumbar | Marshall LeMoine |
| Aug 6th/7th | Sat & Sun | \*Sports Class # 3 Shoulder, On Field orientation  Strength Training, Swimming | Sam Dehdashti |
| Aug 20/21 | Sat & Sun | Clinical Applications of Technology in the Evaluation and Treatment of Running-Related Pain and Injury | Chris Powers |
| Aug 27/28th | Sat & Sun | \*Sports Class # 4 Elbow, Wrist and Hand Injuries  Throwing Mechanics | Cuong Pho |
| Sept 11th-12th | Sat/Sun | Vestibular Rehabilitation | Ron Kochevar |
| Sept 17/18 | Sat & Sun | Clinical Applications of Technology for the Evaluation of Sport-Specific Movements | Chris Powers |
| Oct 1st/ | Sat & Sun | Movement Analysis & Motor Learning  Integration & Problem Solving | Clare Frank |
| Oct 8th | Sat | Elbow/Wrist/Hand (Michael) | Michael Wong |
| Oct 15/16 | Sat & Sun | Clinical Applications of Technology in the Evaluation and Treatment of Cycling-Related Pain and Injury | Chris Powers |
| Oct 29h/30st | Sat/Sun | Advanced Medical Screening | William Boissinault |
| Nov 5/6th |  | Combined Movements | Jack Dabbert |
| Nov 12th | Sat | Cervicogenic Headaches | Ernie Linares |
| Nov 19-20 | Sat & Sun | Treatment of Lower Quarter Movement Impairments: Advanced Concepts for the Advanced Clinician | Chris Powers |
| Dec 3/4 | Sat and Sun | PNF | Nicole Adachi.  Olga Nazhenenko |
| Dec 11/12th | Sat/Sun | CSCS/ Athletic Performance Training | Sean Gately/ Guillermo Escalante |
| TBD | TBD | Spine Review day- Exam | Denis Dempsey |
|  | TBD | Extremity Procedures Exam Day - Review | Sports Faculty |
| Feb 4th | Saturday | Research Presentations (at KPWLA) | Chris Powers |
| Feb 21-25th | Monday-Friday | Last Scheduled Week of Clinical Practice |  |
| Feb 25th | Saturday | Graduation Dinner |  |

**2022/23**

**CLINICAL SUPERVISION (MENTORING) SCHEDULE *(3.31.22))***

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| **Week**  **#** | **Date** | **Day**  **of**  **Week** | **Times** | **Location** | **Fellow** | Clinical Faculty |
|  | | | | | | |
| 1 | Mar 8 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
|  | Mar 10 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Karina |
| 2 | Mar 15 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| Mar 17 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Karina |
| 3 | Mar 21 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| Mar 23 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Karina |
| 4 | Mar 29 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| March 31 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Karina |
| 5 | April 5 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| April 7 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Karina |
| 6 | April 12 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| April 14 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Karina |
| 7 | April 19 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
|  | April 21 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Karina |

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| **Week**  **#** | **Date** | **Day**  **of**  **Week** | **Times** | **Location** | **Fellow** | Clinical Faculty |

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| 8 | April 26 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| Apr 28 | Thurs | 1:30pm – 430 pm | WH | Andrew Donnelly | Jason |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Ernie |
| 9 | May 3 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| May 5 | Thurs | 1:30pm – 430 pm | WH | Andrew Donnelly | Jason |
| Thurs | 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Ernie |
| 10 | May 10 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| May 12 | Thurs | 1:30pm – 430 pm | WH | Andrew Donnelly | Jason |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Ernie |
| 11 | May 17 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| May 19 | Thurs | 1:30pm – 430 pm | WH | Andrew Donnelly | Jason |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Ernie |
| 12 | May 24 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| May 26 | Thurs | 1:30pm – 430 pm | WH | Andrew Donnelly | Jason |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Ernie |
| 13 | May 31 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| Jun 2 | Thurs | 1:30pm – 430 pm | WH | Andrew Donnelly | Jason |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Ernie |
| 14 | Jun 7 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| Jun 9 | Thurs | 1:30pm – 430 pm | WH | Andrew Donnelly | Jason |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Ernie |

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| **Week**  **#** | **Date** | **Day**  **of**  **Week** | **Times** | **Location** | **Fellow** | Clinical Faculty |

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| 15 | Jun 14 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| Jun 16 | Thurs | 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiah |
| 16 | Jun 21 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| Jun 23 | Thurs | 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiah |
| 17 | June 28 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| Jun 30 | Thurs | 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiah |
| 18 | Jul 5 | Thur | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| July 7 | Thurs | 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiah |

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| 19 | July 12 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| July 14 | Thurs | 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiah |
| 20 | July 19 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| July 21 | Thurs | 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiah |
| 21 | July 26 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Amber |
| 2:00 pm-  5:00 pm | ORN | Vuk Ekmecic | Karina |
| July 28 | Thurs | 2:30 pm -5:30 pm | WH | Andrew Donnelly | Jason |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiah |

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| **Week**  **#** | **Date** | **Day**  **of**  **Week** | **Times** | **Location** | **Fellow** | Clinical Faculty |

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| 22 | Aug 2 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Ronnie |
| 2:00 pm-  5:00 pm | ORN | Vuk Ekmecic | Eric |
| Aug 4 | Thurs | 2:30 pm -5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Jason |
| 23 | Aug 9 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Ronnie |
| 2:00 pm-  5:00 pm | ORN | Vuk Ekmecic | Eric |
| Aug 11 | Thurs | 2:30 pm -5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Jason |
| 24 | Aug 16 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Ronnie |
| 2:00 pm-  5:00 pm | ORN | Vuk Ekmecic | Eric |
| Aug 18 | Thurs | 2:30 pm -5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Jason |

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| 25 | Aug 23 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Ronnie |
| 2:00 pm-  5:00 pm | ORN | Vuk Ekmecic | Eric |
| Aug 25 | Thurs | 2:30 pm -5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Jason |

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| 26 | Aug 30 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Ronnie |
| 2:00 pm-  5:00 pm | ORN | Vuk Ekmecic | Eric |
| Sept 1 | Thurs | 2:30 pm -5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Jason |
| 27 | Sept 6 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Ronnie |
| 2:00 pm-  5:00 pm | ORN | Vuk Ekmecic | Eric |
| Sept 8 | Thurs | 2:30 pm -5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Jason |
| 28 | Sept 13 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Meinhold | Ronnie |
| 2:00 pm-  5:00 pm | ORN | Vuk Ekmecic | Eric |
| Sept 15th | Thurs | 2:30 pm -5:30 pm | WH | Andrew Donnelly | Ernie |
| 1100 am -5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Jason |

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| **Week**  **#** | **Date** | **Day**  **of**  **Week** | **Times** | **Location** | **Fellow** | Clinical Faculty |

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| 29 | Sep 20 | Tues | 2:30 pm-  5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| Sep 22 | Thurs | 1130 am- 3:30 pm | WH | Andrew Donnelly | Amber |
| 11:00 am- 5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiaha |
| 30 | Sep 27 | Tues | 2:30 pm-  5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| Sep 29 | Thurs | 1130 am- 3:30 pm | WH | Andrew Donnelly | Amber |
| 11:00 am- 5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiaha |

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| 31 | Oct 4 | Tues | 2:30 pm-  5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| Oct 6 | Thurs | 1130 am- 3:30 pm | WH | Andrew Donnelly | Amber |
| 11:00 am- 5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiaha |
| 32 | Oct 11 | Tues | 2:30 pm-  5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| Oct 13 | Thurs | 1130 am- 3:30 pm | WH | Andrew Donnelly | Amber |
| 11:00 am- 5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiaha |

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| 33 | Oct 18 | Tues | 2:30 pm-  5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| Oct 20 | Thurs | 1130 am- 3:30 pm | WH | Andrew Donnelly | Amber |
| 11:00 am- 5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiaha |
| 34 | Oct 25 | Tues | 2:30 pm-  5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| Oct 27 | Thurs | 1130 am- 3:30 pm | WH | Andrew Donnelly | Amber |
| 11:00 am- 5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiaha |

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| **Week**  **#** | **Date** | **Day**  **of**  **Week** | **Times** | **Location** | **Fellow** | Clinical Faculty |

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| --- | --- | --- | --- | --- | --- | --- |
| 35 | Nov 1 | Tues | 2:30 pm-  5:30 pm | LAMC | Chris Meinhold | Sam |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Karina |
| Nov 3 | Thurs | 1130 am- 3:30 pm | WH | Andrew Donnelly | Amber |
| 11:00 am- 5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Shemiaha |
| 36 | Nov 8 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| Nov 10 | Thurs | 11:00 am  5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Sam |
| 37 | Nov 15 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| Nov17 | Thurs | 11:00 am  5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Sam |

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| **38** | **Nov 24/26** |  |  | **No Mentoring Thanksgiving week** |

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| 39 | Nov 29 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| Dec 1 | Thurs | 11:00 am  5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Sam |
| 40 | Dec 6 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| Dec 8 | Thurs | 11:00 am  5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Sam |
| 41 | Dec 13 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| Dec 15 | Thurs | 11:00 am  5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Sam |

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| **Week**  **#** | **Date** | **Day**  **of**  **Week** | **Times** | **Location** | **Fellow** | Clinical Faculty |

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| 42 | Dec 20 | Tues | 2:00 pm -5:00 pm | LAMC | Chris Meinhold | Erik |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Ronnie |
| Dec 22 | Thurs | 1130 am- 3:30 pm | WH | Andrew Donnelly | Jason |
| 11:00 am  5:30 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Sam |

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| 43 | Dec 27/29 | Tues  Thurs | **No mentoring**  **Christmas/ Make up week** |
| 44 | Jan 3/5 | Tues  Thurs | **No Mentoring**  **New Years/ Make up week** |

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| 45 | Jan 10 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Menihold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| Jan 2 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 10:30 am -5:00 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Erik |
| 46 | Jan 17 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Menihold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| Jan 19 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 10:30 am -5:00 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Erik |

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| --- | --- | --- | --- | --- | --- | --- |
| 47 | Jan 24 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Menihold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| Jan 26 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 10:30 am -5:00 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Erik |
| 48 | Jan 31 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Menihold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| Feb 2 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 10:30 am -5:00 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Erik |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 49 | Feb 7 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Menihold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| Feb 9 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 10:30 am -5:00 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Erik |
| 50 | Feb 14 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Menihold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| Feb 16 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 10:30 am -5:00 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Erik |
| 51 | Feb 21 | Tues | 2:30 pm -5:30 pm | LAMC | Chris Menihold | Amber |
| 2:30 pm-  5:30 pm | ORN | Vuk Ekmecic | Sam |
| Feb 23 | Thurs | 2:30 pm-  5:30 pm | WH | Andrew Donnelly | Ernie |
| 10:30 am -5:00 pm | WLA | Mihal Lakhovsky  JordamDangerfield | Erik |

***\* February 20th, 2022 - Fellowship Program Evaluation Form Due***

## 2022/2023

## Clinical Performance Evaluation Periods

3.31.22 update

|  |  |  |
| --- | --- | --- |
| #1  Mar 8 – Apr 21  (7 Weeks) | Summative Review of Patient Care Activities on *Multiple* Patients | (LA/OC/WH/WLA)  Erik/Sam/Ernie/Karina |
| #2  Apr 26 –June 9  (7 Weeks) | Summative Review of Patient Care Activities on *Multiple* Patients | Sam/Ronnie/Jason /Ernie |
| #3  Jun 14 –July 28  (7 weeks) | Summative Review of Patient Care Activities on *Multiple* Patients | Amber/Karina/Jason/Shemaiah |
| #4  August 2 - Sept 15  (7 Weeks) | Summative Review of Patient Care  Activities on *Multiple* Patients | Ronnie/Eric/Ernie/Jason |
| #5  Sept 20 – Nov 3  (7 weeks) | Extensive Review of Patient Care  Activities on a *Single* Patient | Sam/Karina/Amber/Shemaiah |
| #6  Nov 8 – Dec 22  (6 weeks) | Extensive Review of Patient Care  Activities on a *Single* Patient | Erik/Ronnie/Jason/Sam |
| #7  Jan 10 - Feb 23  (6 Weeks) | Summative Review of Patient Care Activities on *Multiple* Patients | Amber/Sam/Ernie/Erik |

Note: To successfully complete the fellowship, the fellow must pass **five**

clinical performance evaluations, one of which must be a single patient

**Evaluation Period – Content Areas**

|  |  |  |
| --- | --- | --- |
| Evaluation  Period | Content Area for  Patient exam | Module Definitions |
| #1 | Module I | Module I: Clinical Reasoning, Subjective Examination,  Movement Analysis, Motor Learning |
| #2 | Modules I & II | Module II: Lower Extremity Disorders |
| #3 | Modules I & II & III | Module III Spine Disorders |
| #4 | Modules I - IV | Module IV: UE disorders |
| #5 | Modules I - IV | Integration of the above |
| #6 | Modules I - IV | Integration of the above |
| #7 | Modules I - IV | Integration of the above |

**2022/23**

**Fellowship Performance/Completion Requirements**

To successfully complete this clinical fellowship, the fellow must achieve/complete the following:

1. Participate in the following clinical education

* 750 hrs of unsupervised clinical practice a Kaiser Sports Clinic Facility
* Up to 100 hrs of patient care – collaborating with the medical, surgical, training, coaching professionals at the Kaiser Permanente Sports Family Medicine and Orthopaedics Department clinics
* 150 hours of 1:1 clinical supervision with Fellowship clinical faculty
* 40 hours of community service
* 368 hours of classroom/lab instruction

1. Maintain the “Body Regions Log,” to be completed monthly, the “Patient Demographic Data needed for our Annual Report to the APTA Residency Credentialing Committee” complete the final update by Feb 17th, 2022. All updates will be submitted via the E-Value system.
2. Effective participation in the design, literature review, proposal submission, data collection, data analysis, or manuscript preparation of a controlled, clinical trial in an area of orthopaedic/sports physical therapy.
3. Successfully pass **five** clinical performance evaluations, two of which must be a single patient.
4. Demonstrate satisfactory performance on one written examination.
5. Demonstrate satisfactory performance on four technique examinations.
6. As a group - Successful instruct a one day (6-8 hours) community seminar on the topic of Orthopaedic/Sports injuries.
7. Complete all following feedback forms **within 2 weeks** of assignment completion using the E-value system including:
   1. Sept 30th, 2022 Fellowship Program Mid-year –Evaluation Form
   2. Feb 17th, 2023 Fellowship Program Final Evaluation Form
   3. Guest Lecturer Evaluation Forms
   4. Clinical Faculty Evaluation Forms for each Clinical Supervisor at your facility

## 2022/2023

Remediation Policy

Unsatisfactory performance on any of the 10 “Fellowship Performance/Completion Requirements” will result in the fellow being counseled by the program coordinator regarding the impact of the demonstrated unsatisfactory performance on the fellow's ability to successfully complete the program. If the fellow performs unsatisfactorily on two clinical performance evaluations prior to the 1st-Single patient examination, he/she will receive verbal and written confirmation that improved performance is required to successfully complete the program. It will be communicated to the fellow that if the fellow’s performance remains unsatisfactory, and he/she does not perform satisfactorily on any of the remaining “Fellowship Performance / Completion Requirements,” the fellow will not receive a certificate of completion for that year. In this case, the Department Administrator of the facility that employs the fellow retains the option to allow the fellow (if the fellow so chooses) to remain employed as a fellow in order to attempt to successfully complete the program in the subsequent year. Possible remediation may be provided.

**Scoring less than 70% the written examination or 80% on the technique examinations in this program will result in the fellow being required to take a make-up examination within eight weeks of written notification. If the Fellows scores less that 70% on the make-up written examination or 80% on the make-up technique exam, the fellow will not receive a certificate of completion from the program. In this case, the Department Administrator of the facility that employs the fellow retains the option to allow the fellow (if the fellow so chooses) to remain employed as a fellow in order to attempt to successfully complete the program in the subsequent year.**

**SCHEDULE AND INFORMATION SHEET 2.15.22 update**

**2022/2023 Physical Therapy Services for Patients at the Hollywood Sunset Free Clinic**

To: 2022 Kaiser Permanente Residents and Fellows

|  |  |
| --- | --- |
| Cristina Gallo | crisgall8993@msmu.edu; |
| Josh Gladney | joshua.a.gladney@gmail.com; |
| Chris Meinhold | chris.meinhold@gmail.com |
| Alex Chan | chan215@mail.chapman.edu |
| Cecile Alpasan | mariacecilia.alpasan@cshs.org |

|  |  |
| --- | --- |
| Date | **Fellows and Residents providing the services** |
|  |  |

|  |  |
| --- | --- |
| Mon, March 7 | Alex Chan |
| Mon, March 14 | Chris Meinhold |
| Mon, March 21 | Cristina Gallo |
| Mon, March 28 | Josh Gladney |
|  | |
| Mon, April 4 | Cecile Alpasan |
| Mon, April 11 | Alex Chan |
| Mon, April 18 | Chris Meinhold |
| Mon, April 25 | Cristina Gallo |
|  | |
| Mon, May 2 | Josh Gladney |
| Mon, May 9 | Cecile Alpasan |
| Mon, May 16 | Alex Chan |
| Mon, May 23 | Chris Meinhold |
| Mon May 30 | **No services due to holiday** |
|  | |
| Mon, Jun 6 | Cristina Gallo |
| Mon, Jun 13 | Josh Gladney |
| Mon, Jun 20 | Cecile Alpasan |
| Mon, Jun 27 | Alex Chan |

|  |  |
| --- | --- |
| Mon, Jul 4 | **No services due to holiday** |
| Mon, Jul 11 | Chris Meinhold |
| Mon, Jul 18 | Cristina Gallo |
| Mon, Jul 25 | Josh Gladney |
|  | |
| Mon, Aug 2 | Cecile Alpasan |
| Mon, Aug 8 | Alex Chan |
| Mon, Aug 15 | Chris Meinhold |
| Mon, Aug 22 | Cristina Gallo |
| Mon, Aug 29 | Josh Gladney |

|  |  |
| --- | --- |
| Mon, Sept 5 | **No services due to holiday** |
| Mon, Sept 12 | Cecile Alpasan |
| Mon, Sept 19 | Alex Chan |
| Mon, Sept 26 | Chris Meinhold |
|  | |
| Mon, Oct 3 | Cristina Gallo |
| Mon, Oct 10 | Josh Gladney |
| Mon, Oct 17 | Cecile Alpasan |
| Mon, Oct 24 | Alex Chan |
| Mon, Oct 3 | Chris Meinhold |
| Mon, Nov 7 | Cecile Alpasan |
| Mon, Nov 14 | Alex Chan |
| Mon, Nov 21 | **No services due to holiday** |
| Mon, Nov 28 | Chris Meinhold |
|  | |
| Mon, Dec 5 | Cristina Gallo |
| Mon, Dec 12 | Josh Gladney |
| Mon, Dec 19 | Cecile Alpasan |
| Mon, Dec 26 | **No services due to holiday** |
|  | |
| Mon, Jan 2 | **No services due to holiday** |
| Mon, Jan 9 | Alex Chan |
| Mon, Jan 16 | Chris Meinhold |
| Mon Jan 23 | Cristina Gallo |
| Mon Jan 30 | Josh Gladney |
|  | |
| Mon, Feb 6 | Cecile Alpasan |
| Mon, Feb 13 | Alex Chan |
| Mon, Feb 20 | Chris Meinhold |
| Mon, Feb 27 | **No services this week** |

**KP PT Rotation at the Hollywood Sunset Free Clinic (HSFC)**

The Kaiser Permanente Physical Therapy Fellows and Residents provide individual physical therapy consultations for patients of the **HSFC** on Monday afternoons located at 3324 Sunset Blvd , LA, 90026. Patient care runs from 3:00 pm to 600 pm.

Free street parking is located on Micheltorena street (off of Sunset blvd, near Micheltorena Elementary school) there is no parking lot for the clinic

The above patient-scheduling plan is subject to change based on the needs of the clinic.

*SERVICES PROVIDED*

Each patient will have a patient chart. Provide a brief SOAP note for each patient at each visit in the patient’s chart. Often, the patient’s chart will contain a golden rod consult form from his/her physician at the Venice Family Clinic. There is space on this consult form for you to write your physical therapy summary note. You will also have “blank” progress note forms available.

The Clinic is in the process of modifying its encounter (billing) form which you will find on the front of the chart. We will be adding PT Procedures Codes to the encounter form in the near future. Until then, however, please do the following:

**Medical Visit Type:**

For now, please indicate under **Medical Visit Type**, Other: 97001 (brief). For group instruction, please indicate under **Education/Counseling** 99078. (Health Ed)

**Procedures:**

For the procedure codes please list under **999 Other:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_

97110 PT Procedures (Therapeutic Exercise, Neuromuscular Reeducation, Manual Therapy)

97112 Balance Training

97535 Self Care/Home Management/ADL, Functional Activities -

Taping/strapping: toes – 29550

ankle – 29540

knee – 29530

hip – 29520

shoulder – 29240

elbow/wrist – 29260

hand/finger – 29280

Please write the diagnosis at the bottom of the encounter form. If you know the ICD-9 code, please list in the box on the lower right hand corner.

**LANGUAGE**

Please note that many of the patients at the **HSFC** prefer Spanish. The Clinic’s staff is bilingual and is available to help you. But the better you are with your Spanish the more beneficial you will be to your patients.

**LOGISTICS**

Physical Therapy services will be provided on Monday afternoons at the **HSFC** located at 3324 Sunset Blvd , LA, 90026. Free street parking is located on Micheltorena street (off of Sunset blvd, near Micheltorena Elementary school) there is no parking lot for the clinic

You will have one or two examination rooms to work from.

For scheduling changes, please notify Jason Tonley. The **HSFC** contact person is for schedule changes notify Victor Velez clinic manager, 213-392-0330. The clinic director is Teresa Pauda.

**PHYSICAL THERAPY SUPPLIES**

There will be a “Physical Therapy Supplies” cabinet in the clinic for us. It has simple supplies such as tape and theraband. Exercise Pro should be accessible on the computer in the charting area and there is a printer that is easily accessible. Please bring your own equipment and other supplies that you feel that you will need. Depending on your preferences, this may include a goniometer, reflex hammer, patient exercise handouts, patient education booklets, etc. Basically, bring what you feel you commonly use – including the Spanish language versions of handouts. We continually assess the particular needs of the patients at the Clinic allowing us to arrange to have commonly used examination equipment, supplies, and patient education handouts available – and stored in the Physical Therapy Supplies” cabinet. Let me know if there are supplies that you feel would be beneficial to have on hand in the physical therapy supply cabinet.

Feel free to contact me if you have any questions.

Jason Tonley

Email: [Jason.C.Tonley@kp.org](mailto:Jason.C.Tonley@kp.org), [Tonley00@aol.com](mailto:Tonley00@aol.com)

Phone: 310-739-7606 KP Voice Mail: 323-857-2531

**SCHEDULE AND INFORMATION SHEET 3.31.22 update**

**2022/2023 Physical Therapy Services for Patients at the Venice Family Clinic**

To: 2022 Kaiser Permanente Residents and Fellows

|  |  |
| --- | --- |
| Kamren Ackerman | kamackerman@yahoo.com |
| Edwin Castillo | [Edwicast@msmu.edu](mailto:Edwicast@msmu.edu) |
| Richard Tran | richard.t124n@gmail.com |
| Elder Liang | elder.x.liang@kp.org |
| Ben Dorow | Benjamin.L.Dorow@gmail.com |
| Nicholas Davis | veronica.m.gannon@gmail.com |
| Mihal Lakhovsky | mihal.lakhovsky@gmail.com |
| Jordan Dangerfield | [jordansdangerfield@gmail.com](mailto:jordansdangerfield@gmail.com) |
| Paul Santos | [paul.santos2107@gmail](mailto:paul.santos2107@gmail).com; |
| Drew Milner | drewmilnerw@gmail.com; |
| Jessica Santana | jessjsantana@gmail.com; |
| Zaniah Bradshaw | zaniahbradshaw20@gmail.com |
| Andrea Escoto | nicoleescoto11@gmail.com; |
| Kelly Knowles | kelly.knowles7@gmail.com |
| Wlison Tran | wilsontran0316@gmail.com |

|  |  |
| --- | --- |
| Date | **Fellows and Residents providing the services** |

|  |  |
| --- | --- |
| Tues, March 1 | **No Clinic Services** |
| Tues, March 8 | Kamren Ackerman, Ben Dorow, Drew Milner |
| Tues, March 15 | Edwin Castillo, Jessica Santana, Wlison Tran |
| Tues, March 22 | Richard Tran, Mihal Lakhovsky, Zaniah Bradshaw |
| Tues, March 29 | Elder Liang, Jordan Dangerfield, Andrea Escoto |
|  | |
| Tues, April 05 | **No Clinic Services** |
| Tues, April 12 | Nicholas Davis, Paul Santos, Kelly Knowles |
| Tues, April 19 | Kamren Ackerman, Ben Dorow, Drew Milner |
| Tues, April 26 | Edwin Castillo, Jessica Santana, Wlison Tran **(930 am Start)** |
|  | |
| Tues, May 3 | **No Clinic Services** |
| Tues, May 10 | Richard Tran, Mihal Lakhovsky, Zaniah Bradshaw |
| Tues, May 17 | Elder Liang, Jordan Dangerfield, Andrea Escoto |
| Tues, May 24 | Nicholas Davis, Paul Santos, Kelly Knowles **(930 am Start)** |
| Tues, May 31 | Kamren Ackerman, Ben Dorow, Drew Milner |
|  | |
| Tues, Jun 7 | **No Clinic Services** |
| Tues, Jun 14 | Edwin Castillo, Jessica Santana, Wlison Tran |
| Tues, Jun 21 | Richard Tran, Mihal Lakhovsky, Zaniah Bradshaw |
| Tues, Jun 28 | Elder Liang, Jordan Dangerfield, Andrea Escoto **(930 am Start)** |

|  |  |
| --- | --- |
| Tues, Jul 5 | **No Clinic Services** |
| Tues, Jul 12 | Nicholas Davis, Paul Santos, Kelly Knowles |
| Tues, Jul 19 | Kamren Ackerman, Ben Dorow, Drew Milner |
| Tues, Jul 26 | Edwin Castillo, Jessica Santana, Wlison Tran |
|  | |
| Tues, Aug 2 | **No Clinic Services** |
| Tues, Aug 9 | Richard Tran, Mihal Lakhovsky, Zaniah Bradshaw |
| Tues, Aug 16 | Elder Liang, Jordan Dangerfield, Andrea Escoto |
| Tues, Aug 23 | Nicholas Davis, Paul Santos, Kelly Knowles |
| Tues, Aug 30 | Kamren Ackerman, Ben Dorow, Drew Milner |

|  |  |
| --- | --- |
| Tues, Sept 6 | **No Clinic Services** |
| Tues, Sept 13 | Edwin Castillo, Jessica Santana, Wlison Tran |
| Tues, Sept 20 | Richard Tran, Mihal Lakhovsky, Zaniah Bradshaw |
| Tues, Sept 27 | Elder Liang, Jordan Dangerfield, Andrea Escoto |
|  | |
| Tues, Oct 4 | **No Clinic Services** |
| Tues, Oct 11 | Nicholas Davis, Paul Santos, Kelly Knowles |
| Tues, Oct 18 | Kamren Ackerman, Ben Dorow, Drew Milner |
| Tues, Oct 25 | Edwin Castillo, Jessica Santana, Wlison Tran |
|  | |
| Tues, Nov 1 | **No Clinic Services** |
| Tues, Nov 8 | Richard Tran, Mihal Lakhovsky, Zaniah Bradshaw |
| Tues, Nov 15 | Elder Liang, Jordan Dangerfield, Andrea Escoto |
| Tues, Nov 23 | **No services due to holiday** |
| Tues, Nov 29 | Nicholas Davis, Paul Santos, Kelly Knowles |
|  | |
| Tues, Dec 6 | **No Clinic Services** |
| Tues, Dec 13 | Kamren Ackerman, Ben Dorow, Drew Milner |
| Tues, Dec 20 | Edwin Castillo, Jessica Santana, Wlison Tran |
| Tues, Dec 27 | Richard Tran, Mihal Lakhovsky, Zaniah Bradshaw |
|  | |
| Tues, Jan 3 | **No services due to holiday** |
| Tues, Jan 10 | Elder Liang, Jordan Dangerfield, Andrea Escoto |
| Tues, Jan 17 | Nicholas Davis, Paul Santos, Kelly Knowles |
| Tues, Jan 24 | Kamren Ackerman, Ben Dorow, Drew Milner |
| Tues Jan 31 | Edwin Castillo, Jessica Santana, Wlison Tran |
|  | |
| Tues, Feb 7 | **No Clinic Services** |
| Tues, Feb 14 | Richard Tran, Mihal Lakhovsky, Zaniah Bradshaw |
| Tues, Feb 21 | **Last week of services** |
| Tues, Feb 28 | **No Clinic Services** |

**KP PT Rotation at the VENICE FAMILY CLINIC/ Simms Mann Health and Wellness Center**

The Kaiser Permanente Physical Therapy Fellows and Residents provide individual physical therapy consultations for patients of the Venice Family Clinic on Tuesday mornings at the Simms/Mann Health and Wellness Center located at 2509 Pico Blvd in Santa Monica. Patient care starts at 8:00.

The above patient-scheduling plan is subject to change based on the needs of the clinic.

*SERVICES PROVIDED*

Each patient will have a patient chart. Provide a brief SOAP note for each patient at each visit in the patient’s chart. Often, the patient’s chart will contain a golden rod consult form from his/her physician at the Venice Family Clinic. There is space on this consult form for you to write your physical therapy summary note. You will also have “blank” progress note forms available.

The Clinic is in the process of modifying its encounter (billing) form which you will find on the front of the chart. We will be adding PT Procedures Codes to the encounter form in the near future. Until then, however, please do the following:

**Medical Visit Type:**

For now, please indicate under **Medical Visit Type**, Other: 97001 (brief). For group instruction, please indicate under **Education/Counseling** 99078. (Health Ed)

**Procedures:**

For the procedure codes please list under **999 Other:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_

97110 PT Procedures (Therapeutic Exercise, Neuromuscular Reeducation, Manual Therapy)

97112 Balance Training

97535 Self Care/Home Management/ADL, Functional Activities -

Taping/strapping: toes – 29550

ankle – 29540

knee – 29530

hip – 29520

shoulder – 29240

elbow/wrist – 29260

hand/finger – 29280

Please write the diagnosis at the bottom of the encounter form. If you know the ICD-9 code, please list in the box on the lower right hand corner.

**LANGUAGE**

Please note that many of the patients at the Venice Family Clinic prefer Spanish. The Clinic’s staff is bilingual and is available to help you. But the better you are with your Spanish the more beneficial you will be to your patients.

**LOGISTICS**

Physical Therapy services will be provided on Tuesday mornings at the Simms/Mann Health and Wellness Center located at 2509 Pico Blvd in Santa Monica, 90405. From the west bound 10 Fwy, take the Centinela exit; turn R on Centinela and R on Pico Blvd. Parking is available in the lot that surrounds the clinic. If the lot is full, you can park in the SGI lot to the east of the clinic. The clinic is on the 2nd floor. There is a combination lock to enter the clinical area from the patient waiting area which is 1234\* or the front desk can buzz you in.

We will have two to four examination rooms to work from.

For scheduling changes, please notify Jason Tonley. The Venice Family Clinic contact person is Alejandra Tejeda, at 310-664-7662 or [atejeda@mednet.ucla.edu](mailto:atejeda@mednet.ucla.edu). The Clinic’s Medical Director is Dr. Karen Lamp, 310-664-7648 or [klamp@mednet.ucla.edu](mailto:klamp@mednet.ucla.edu). The on-site RN is Patricia Mendez.

**PHYSICAL THERAPY SUPPLIES**

There is a “Physical Therapy Supplies” cabinet in the clinic for us. It has a folder of common exercises and other simple supplies such as tape and theraband. Exercise Pro is also loaded on the computer in the charting area and there is a printer that is easily accessible. Please bring your own equipment and other supplies that you feel that you will need. Depending on your preferences, this may include a goniometer, reflex hammer, patient exercise handouts, patient education booklets, etc. Basically, bring what you feel you commonly use – including the Spanish language versions of handouts. We continually assess the particular needs of the patients at the Clinic allowing us to arrange to have commonly used examination equipment, supplies, and patient education handouts available – and stored in the Physical Therapy Supplies” cabinet. Let me know if there are supplies that you feel would be beneficial to have on hand in the physical therapy supply cabinet.

Feel free to contact me if you have any questions.

Jason Tonley

Email: [Jason.C.Tonley@kp.org](mailto:Jason.C.Tonley@kp.org), [Tonley00@aol.com](mailto:Tonley00@aol.com)

Phone: 310-739-7606 KP Voice Mail: 323-857-253

**SCHEDULE AND INFORMATION SHEET 2.15.22 update**

**2022/2023 Physical Therapy Services for Patients at the Lestonnac Clinic**

To: 2022 Kaiser Permanente Residents and Fellows

|  |  |
| --- | --- |
| Vuk Ekmecic | vukekmecic@gmail.com |
| Natalie Wong | nataly.wong@gmail.com; |
| Michelle Trieu, | michellextrieu@gmail.com; |
| Brett Akahiji, | bakahiji18@apu.edu; |
| Matthew Ghanadian | matthew.ghanadian@gmail.com; |
| Alex Chwa | alexanderchwa@gmail.com; |
| Daniel Choi | ddchoi14@gmail.com |
| Christian Legaspi | legaspi1992@gmail.com; |
| Matthew Maki, | m.maki428@gmail.com; |
| Guillermo Ortiz | guilleortiz268@gmail.com; |
| Teresa DelFin | delrealtere@gmail.com |
| Angel Ramirez Lomeli | aramirezlomeli@gmail.com; |
| Matthew Juric | matt\_juric@yahoo.com |

|  |  |
| --- | --- |
| Date | **Fellows and Residents providing the services** |
|  |  |

|  |  |
| --- | --- |
| Tues, March 1 | **No Clinic Services** |
| Tues, March 8 | Vuk Ekmecic, Natalie Wong |
| Tues, March 15 | Brett Akahiji, Matthew Ghanadian |
| Tues, March 22 | Alex Chwa, Daniel Choi |
| Tues, March 29 | Christian Legaspi, Matthew Maki |
|  | |
| Tues, April 05 | Guillermo Ortiz, Teresa DelFin |
| Tues, April 12 | Angel Ramirez Lomeli, Matthew Juric |
| Tues, April 19 | Michelle Trieu, Vuk Ekmecic |
| Tues, April 26 | Natalie Wong, Brett Akahiji |
|  | |
| Tues, May 3 | Matthew Ghanadian, Alex Chwa |
| Tues, May 10 | Daniel Choi, Christian Legaspi |
| Tues, May 17 | Matthew Maki, Guillermo Ortiz |
| Tues, May 24 | Teresa DelFin, Angel Ramirez Lomeli |
| Tues, May 31 | **No Clinic Services- Holiday** |
|  | |
| Tues, Jun 7 | Matthew Juric, Michelle Trieu |
| Tues, Jun 14 | Vuk Ekmecic, Natalie Wong |
| Tues, Jun 21 | Brett Akahiji, Matthew Ghanadian |
| Tues, Jun 28 | Alex Chwa, Daniel Choi |

|  |  |
| --- | --- |
| Tues, Jul 5 | Christian Legaspi, Matthew Maki |
| Tues, Jul 12 | Guillermo Ortiz, Teresa DelFin |
| Tues, Jul 19 | Angel Ramirez Lomeli, Matthew Juric |
| Tues, Jul 26 | Michelle Trieu, Vuk Ekmecic |
|  | |
| Tues, Aug 2 | Natalie Wong, Brett Akahiji |
| Tues, Aug 9 | Matthew Ghanadian, Alex Chwa |
| Tues, Aug 16 | Daniel Choi, Christian Legaspi |
| Tues, Aug 23 | Matthew Maki, Guillermo Ortiz |
| Tues, Aug 30 | Teresa DelFin, Angel Ramirez Lomeli |

|  |  |
| --- | --- |
| Tues, Sept 6 | **No Clinic Services- Holiday** |
| Tues, Sept 13 | Matthew Juric, Michelle Trieu |
| Tues, Sept 20 | Vuk Ekmecic, Natalie Wong |
| Tues, Sept 27 | Brett Akahiji, Matthew Ghanadian |
|  | |
| Tues, Oct 4 | Alex Chwa, Daniel Choi |
| Tues, Oct 11 | Christian Legaspi, Matthew Maki |
| Tues, Oct 18 | Guillermo Ortiz, Teresa DelFin |
| Tues, Oct 25 | Angel Ramirez Lomeli, Matthew Juric |
|  | |
| Tues, Nov 1 | Michelle Trieu, Vuk Ekmecic |
| Tues, Nov 8 | Natalie Wong, Brett Akahiji |
| Tues, Nov 15 | Matthew Ghanadian, Alex Chwa |
| Tues, Nov 23 | **No Clinic Services- Holiday** |
| Tues, Nov 29 | Daniel Choi, Christian Legaspi |
|  | |
| Tues, Dec 6 | Matthew Maki, Guillermo Ortiz |
| Tues, Dec 13 | Teresa DelFin, Angel Ramirez Lomeli |
| Tues, Dec 20 | Matthew Juric, Michelle Trieu |
| Tues, Dec 27 | **No Clinic Services- Holiday** |
|  | |
| Tues, Jan 3 | **No Clinic Services- Holiday** |
| Tues, Jan 10 | Vuk Ekmecic, Natalie Wong |
| Tues, Jan 17 | Brett Akahiji, Matthew Ghanadian |
| Tues, Jan 24 | Alex Chwa, Daniel Choi |
| Tues Jan 31 | Christian Legaspi, Matthew Maki |
|  | |
| Tues, Feb 4 | Michelle Trieu, Vuk Ekmecic |
| Tues, Feb 14 | Natalie Wong, Brett Akahiji |
| Tues, Feb 21 | **Last week of services** Matthew Ghanadian, Alex Chwa |
| Tues, Feb 28 | **No Clinic Services** |

**KP PT Rotation at the Lestonnac Free Clinic (LFC)**

The Kaiser Permanente Physical Therapy Fellows and Residents provide individual physical therapy consultations for patients of the **Lestonnac Free Clinic** on Tuesday afternoons located at 1215 E Chapman Ave, Orange, CA 92866 in Orange County. Patient care starts at 1:30 p.m.

The above patient-scheduling plan is subject to change based on the needs of the clinic.

*SERVICES PROVIDED*

Each patient will have a patient chart. Provide a brief SOAP note for each patient at each visit in the patient’s chart. Often, the patient’s chart will contain a golden rod consult form from his/her physician at the Venice Family Clinic. There is space on this consult form for you to write your physical therapy summary note. You will also have “blank” progress note forms available.

The Clinic is in the process of modifying its encounter (billing) form which you will find on the front of the chart. We will be adding PT Procedures Codes to the encounter form in the near future. Until then, however, please do the following:

**Medical Visit Type:**

For now, please indicate under **Medical Visit Type**, Other: 97001 (brief). For group instruction, please indicate under **Education/Counseling** 99078. (Health Ed)

**Procedures:**

For the procedure codes please list under **999 Other:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_

97110 PT Procedures (Therapeutic Exercise, Neuromuscular Reeducation, Manual Therapy)

97112 Balance Training

97535 Self Care/Home Management/ADL, Functional Activities -

Taping/strapping: toes – 29550

ankle – 29540

knee – 29530

hip – 29520

shoulder – 29240

elbow/wrist – 29260

hand/finger – 29280

Please write the diagnosis at the bottom of the encounter form. If you know the ICD-9 code, please list in the box on the lower right hand corner.

**LANGUAGE**

Please note that many of the patients at the **LFC** prefer Spanish. The Clinic’s staff is bilingual and is available to help you. But the better you are with your Spanish the more beneficial you will be to your patients.

**LOGISTICS**

Physical Therapy services will be provided on Tuesday afternoons at the **Lestonnac Free Clinic** located at 1215 E Chapman Ave, Orange, CA 92866 in Orange County. Parking is available in the lot that surrounds the clinic. If the lot is full, you can park at the Calvary Chapel Old Towne located at 221 N Waverly Street, Orange, CA 92866 (it’s just around the corner, down on Monterrey Road and left on Maple Street).

For scheduling changes, please notify Jason Tonley. The **LFC** contact person is Andrea Rodriguez, (714) 583-6431 or arodriguez@lestonnacfreeclinic.org. The on-site RN is Valerie Coppola, (714) 592-2633 or [vcoppola@lestonnacfreeclinic.org](mailto:vcoppola@lestonnacfreeclinic.org).

**PHYSICAL THERAPY SUPPLIES**

There will be a “Physical Therapy Supplies” cabinet in the clinic for us. It has simple supplies such as tape and theraband. Exercise Pro should be accessible on the computer in the charting area and there is a printer that is easily accessible. Please bring your own equipment and other supplies that you feel that you will need. Depending on your preferences, this may include a goniometer, reflex hammer, patient exercise handouts, patient education booklets, etc. Basically, bring what you feel you commonly use – including the Spanish language versions of handouts. We continually assess the particular needs of the patients at the Clinic allowing us to arrange to have commonly used examination equipment, supplies, and patient education handouts available – and stored in the “Physical Therapy Supplies” cabinet. Let me know if there are supplies that you feel would be beneficial to have on hand in the physical therapy supply cabinet.

Feel free to contact me if you have any questions.

Jason Tonley

Email: [Jason.C.Tonley@kp.org](mailto:Jason.C.Tonley@kp.org), [Tonley00@aol.com](mailto:Tonley00@aol.com)

Phone: 310-739-7606 KP Voice Mail: 323-857-2531

**SCHEDULE AND INFORMATION SHEET 2.15.22 update**

**2022/2023 Physical Therapy Services for Patients at the Simi Valley Free Clinic**

To: 2023 Kaiser Permanente Residents and Fellows

|  |  |
| --- | --- |
| Yana Tutunik | yanatutunikdpt@gmail.com |
| Andrew Donnelly | andrewedonnelly@gmail.com |
| Alberto Galvan | galvanal@usc.edu |
| Carolyn Pham | carolyncphan@gmail.com |
| Jessica Cheung | jeeshca@gmail.com |
| Veronica Gannon | veronica.m.gannon@gmail.com |

|  |  |
| --- | --- |
| Date | **Fellows and Residents providing the services** |
|  |  |

|  |  |
| --- | --- |
| Wed, March 2 | **No Clinic Services-** |
| Wed, March 9 | Yana Tutunik |
| Wed, March 16 | Veronica Gannon |
| Wed, March 23 | Andrew Donnelly |
| Wed, March 30 | Alberto Galvan |
|  | |
| Wed, April 6 | Carolyn Pham |
| Wed, April 13 | Jessica Cheung |
| Wed, April 20 | Yana Tutunik |
| Wed, April 27 | Veronica Gannon |
|  | |
| Wed, May 4 | Andrew Donnelly |
| Wed, May 11 | Alberto Galvan |
| Wed, May 18 | Carolyn Pham |
| Wed, May 25 | Jessica Cheung |
|  | |
| Wed, Jun 1 | **No services due to holiday** |
| Wed, Jun 8 | Yana Tutunik |
| Wed, Jun 15 | Veronica Gannon |
| Wed, Jun 22 | Andrew Donnelly |
| Wed, Jun 29 | Alberto Galvan |

|  |  |
| --- | --- |
| Wed, Jul 6 | **No services due to holiday** |
| Wed, Jul 13 | Carolyn Pham |
| Wed, Jul 20 | Jessica Cheung |
| Wed, Jul 27 | Yana Tutunik |
|  | |
| Wed, Aug 3 | Veronica Gannon |
| Wed, Aug 10 | Andrew Donnelly |
| Wed, Aug 17 | Alberto Galvan |
| Wed, Aug 24 | Carolyn Pham |
| Wed Aug 31 | Jessica Cheung |

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| --- | --- |
| Wed, Sept 7 | **No services due to holiday** |
| Wed, Sept 14 | Yana Tutunik |
| Wed, Sept 21 | Veronica Gannon |
| Wed, Sept 28 | Andrew Donnelly |
|  | |
| Wed, Oct 5 | Alberto Galvan |
| Wed, Oct 12 | Carolyn Pham |
| Wed, Oct 19 | Jessica Cheung |
| Wed, Oct 26 | Yana Tutunik |
|  | |
| Wed, Nov 2 | Veronica Gannon |
| Wed, Nov 9 | Andrew Donnelly |
| Wed, Nov 16 | Alberto Galvan |
| Wed, Nov 23 | **No services due to holiday** |
|  | |
| Wed, Dec 7 | Carolyn Pham |
| Wed, Dec 14 | Jessica Cheung |
| Wed, Dec 21 | Yana Tutunik |
| Wed, Dec 28 | **No services due to holiday** |
|  | |
| Wed, Jan 4 | **No services due to holiday** |
| Wed, Jan 10 | Veronica Gannon |
| Wed, Jan 18 | Andrew Donnelly |
| Wed Jan 25 | Alberto Galvan |
|  | |
| Wed, Feb 1 | Carolyn Pham |
| Wed, Feb 8 | Jessica Cheung |
| Wed, Feb 15 | Yana Tutunik |
| Wed, Feb 23 | **Last week of services -** |
| Wed March | **No Services** |

**KP PT Rotation at The Free Clinic of Simi Valley (FCSV)**

The Kaiser Permanente Physical Therapy Fellows and Residents provide individual physical therapy consultations for patients of **The Free Clinic of Simi Valley** on Wednesday afternoons located at **2003 Royal Ave, Simi Valley 93065** in Simi Valley. Patient care starts at 2:00pm. Plan to arrive at 1:45pm.

The above patient-scheduling plan is subject to change based on the needs of the clinic.

*SERVICES PROVIDED*

Each patient will have a patient chart. Provide a brief SOAP note for each patient at each visit in the patient’s chart. The clinic uses the EHR MD Rhythm for documentation. It is a very basic EHR, you will be taught by the community medicine fellow how to use it on your first day.

Please write the diagnosis at the bottom of the encounter form. If you know the ICD-10 code, please list in the box on the lower right hand corner

**LANGUAGE**

Please note that many of the patients at the **SVFC** prefer Spanish. The Clinic’s staff is bilingual and is available to help you. But the better you are with your Spanish the more beneficial you will be to your patients.

**LOGISTICS**

Physical Therapy services will be provided at the **The Free Clinic of Simi Valley** on Wednesday afternoons located at 2060 Tapo Street, Simi Valley, CA 93063 in Simi Valley.

From the 118 Fwy, exit at Stearns street, continue straight onto Barnard St. Make a left on Tapo St. The free clinic will be on your left at the corner of Tapo St. and Industrial St. (next to the car wash). There is plenty of parking in the clinic’s parking lot.

PT will have one dedicated treatment room to work from.

For scheduling changes, please notify Jason Tonley. The **SVFC** contact person is Lupita Gonzalez at (805) 522-3733 or (805)587-1741 (cell) or [lupita@freeclinicsv.com](mailto:lupita@freeclinicsv.com). The clinic’s executive director is Fred Bauermeister fred@freeclinicsv.com

**PHYSICAL THERAPY SUPPLIES**

There will be a “Physical Therapy Supplies” cabinet in the clinic for us. It has simple supplies Such as theraband. Exercise Pro should be accessible on the computer in the charting area and there is a printer that is easily accessible. Please bring your own equipment and other supplies that you feel that you will need. Depending on your preferences, this may include a goniometer, reflex hammer, patient exercise handouts, patient education booklets, etc. Basically, bring what you feel you commonly use – including the Spanish language versions of handouts. We continually assess the particular needs of the patients at the Clinic allowing us to arrange to have commonly used examination equipment, supplies, and patient education handouts available – and stored in the Physical Therapy Supplies” cabinet. Let me know if there are supplies that you feel would be beneficial to have on hand in the physical therapy supply cabinet.

Feel free to contact me if you have any questions.

Jason Tonley

Email: [Jason.C.Tonley@kp.org](mailto:Jason.C.Tonley@kp.org), [Tonley00@aol.com](mailto:Tonley00@aol.com)

Phone: 310-739-7606 KP Voice Mail: 323-857-2531

**Guidelines For Completing New Patient Log**

**Body Regions Log**

Primary Health Conditions – Generic Form

Please complete the chart below by filling in the primary health conditions seen by the program participant over the course of the program. Patients evaluated, treated, or managed by the program participant as part of the participant’s education throughout the course of the program should be included within the template.

The patient’s primary health condition is only counted during the first patient encounter. **Patient encounters beyond the initial visit should not be included in the frequency count.**

|  |  |
| --- | --- |
| **Name of Graduate:** | |
| Primary Health Conditions **Generic Form** | **Number of Patients Evaluated, Treated, or Managed by the Program Participant as Part of the Program’s Curriculum** |
| **CARDIOVASCULAR SYSTEM** | |
|  |  |
| **PULMONARY SYSTEM** | |
|  |  |
| **ENDOCRINE SYSTEM** | |
|  |  |
| **INTEGUMENTARY SYSTEM** |  |
|  |  |
| **NERVOUS SYSTEM** | |
|  |  |
| **MUSCULOSKELETAL SYSTEM** | |
|  |  |
| **INVOLVEMENT OF MULTIPLE SYSTEMS** | |
|  |  |
| **OTHER** | |
|  |  |

6. Monthly updates of the “Patient Demographic Data”, needed for our Annual Report to the APTA Residency Credentialing Committee, in E-value.

**Body Regions Log**

Fellow \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Facility \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Date | | Patient Name  or MR# | | Body Region(s) Examined and Treated | Body Region Code(s) |
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***Code Key:*** *1 = CV 6 = MSK*

*2 = Pulmonary 7 = Multiple*

*3 = Endocrine 8 = Other*

*4 =Integumentary \* = Sports PT case*

*5= Nervous System*

**Kaiser Permanente Southern California Extremity/Sports Rehab Fellowship**

**Procedures Performance Assessment Tool**

**Lower Quarter**

|  |  |  |  |
| --- | --- | --- | --- |
| **Skill** | **Unsatisfactory** | **Satisfactory** | **Superior** |
| **Functional Movement Analysis** |  |  |  |
| Gait analysis (see gait check off sheet) |  |  |  |
| Running analysis (see running check off sheet) |  |  |  |
| Cycling analysis |  |  |  |
| Double leg squat |  |  |  |
| Single leg stance |  |  |  |
| Single leg squat |  |  |  |
| Step downs (anteriorly, laterally) |  |  |  |
| Star excursions |  |  |  |
| Drop down vertical jump |  |  |  |
| Up- down hop |  |  |  |
| Vertical jump |  |  |  |
| Tuck jump |  |  |  |
| Hop test (single, 6m timed, triple hop, crossover triple hop) |  |  |  |
|  |  |  |  |
| **Muscle Length Tests** |  |  |  |
| Thomas test |  |  |  |
| Hamstrings |  |  |  |
| Gastrocs |  |  |  |
| Soleous |  |  |  |
| Piriformis |  |  |  |
|  |  |  |  |
| **Manual Muscle Testing** |  |  |  |
| Iliopsoas |  |  |  |
| Rectus Femorsis |  |  |  |
| Glut Medius |  |  |  |
| Glut Maximus |  |  |  |
| Peroneal Brevis |  |  |  |
| Peroneal Longus |  |  |  |
| Gastroc/ Soleous |  |  |  |
| Posterior Tibialis |  |  |  |
|  |  |  |  |
| **Treatment** |  |  |  |
| Correction of functional movements |  |  |  |
| Gait correction |  |  |  |
| Lower quarter plyometrics exercises |  |  |  |
|  |  |  |  |

**Lower Quarter**

|  |  |  |  |
| --- | --- | --- | --- |
| **Skill** | **Unsatisfactory** | **Satisfactory** | **Superior** |
| **Hip** (assessment) |  |  |  |
| Scouring test |  |  |  |
| Impingement test |  |  |  |
| Fabers test (Patrick’s Test) |  |  |  |
| Hip Adduction and IR test |  |  |  |
| Craig’s test |  |  |  |
|  |  |  |  |
|  |  |  |  |
| **Hip** (treatment) |  |  |  |
| MWMs |  |  |  |
| Hip Add/IR joint mobs |  |  |  |
| Iliopsoas stretching |  |  |  |
| Rectus Femoris stretching |  |  |  |
| Piriformis stretching |  |  |  |
| Glut maximus muscle re-education |  |  |  |
| Glut medius muscle re-education |  |  |  |
|  |  |  |  |
| **Knee Assessment** |  |  |  |
| Varus Stress test |  |  |  |
| Valgus Stress test |  |  |  |
| Anterior Drawer test |  |  |  |
| Lachman’s |  |  |  |
| Reverse Lachman’s |  |  |  |
| Posterior Drawer |  |  |  |
| Posterior Lag test |  |  |  |
| McMurry’s test |  |  |  |
| Appley’s Compression test |  |  |  |
| Thessaly Meniscal test |  |  |  |
| Joint Line palpation |  |  |  |
| McConnell test |  |  |  |
| Grind test |  |  |  |
| Femoral ER test (provocation/ Alleviation) |  |  |  |
|  |  |  |  |
| **Knee Treatment** |  |  |  |
| Prone tibia medial/lateral glide MWMs |  |  |  |
| Supine tibia posterior glide MWMs |  |  |  |
| Supine tibia rotation MWMs |  |  |  |
| Anterior/medial tibia/femoral joint mobs |  |  |  |
| Medial/ lateral tibia/femoral joint mobs |  |  |  |
| IR/ER tibia/femoral joint mobs |  |  |  |
| Patella mobilization |  |  |  |
|  |  |  |  |

**Lower Quarter**

|  |  |  |  |
| --- | --- | --- | --- |
| **Skill** | **Unsatisfactory** | **Satisfactory** | **Superior** |
| **Ankle** (Assessment) |  |  |  |
| Anterior Posterior Joint Mobility |  |  |  |
| Posterior Anterior Joint Mobility |  |  |  |
| Ankle Anterior Drawer test |  |  |  |
| Ankle Posterior Drawer test |  |  |  |
| Talar Tilt |  |  |  |
| Medial Subtalar Glide test |  |  |  |
| Deltoid Complex   * Anterior portion (PF, ER 20-25deg) * Posterior portion (Df 10deg, Max IR) * Middle portion (Slight Df, Eversion/Traction of sustentaculum tali) |  |  |  |
| Syndesmosis   * ER (in Df) Stress test * Squeeze test * One-Legged Hop test |  |  |  |
| Distal Medial-Lateral Compression Distally |  |  |  |
| Fibula Posterior Glide test (Mulligan) |  |  |  |
|  |  |  |  |
|  |  |  |  |
| **Ankle** (Treatment) |  |  |  |
| Ankle Dorsiflexion AP / MWMs |  |  |  |
| Ankle Plantarflexion AP / MWMs |  |  |  |
| Ankle Inversion w/ fibula post glide MWMs |  |  |  |
| Proximal / Distal Tibio-fibular AP / MWM |  |  |  |
| Proximal / Distal Tibio-fibular PA / MWM |  |  |  |
| Subtalar Joint Distraction |  |  |  |
|  |  |  |  |
|  |  |  |  |
| **Foot** (Assessment) |  |  |  |
| Subtalar Eversion ROM |  |  |  |
| Palpatory Provocation of the Cuboid and Navicular |  |  |  |
|  |  |  |  |
|  |  |  |  |
| **Foot** (Treatment) |  |  |  |
| Subtalar Medial / Lateral Glide |  |  |  |
|  |  |  |  |
| Cuboid Whip |  |  |  |
| Navicular Whip |  |  |  |
|  |  |  |  |
|  |  |  |  |

**LowerQuarter**

|  |  |  |  |
| --- | --- | --- | --- |
| **Skill** | **Unsatisfactory** | **Satisfactory** | **Superior** |
| **Taping Skills** |  |  |  |
| **Knee** |  |  |  |
| Femoral ER taping |  |  |  |
| Tibial IR taping (Mulligan) |  |  |  |
| Tibio-femoral extension prevention |  |  |  |
| Patella medial glide and tilt |  |  |  |
| Patella tendon tent |  |  |  |
| Patella unloading (V tape) |  |  |  |
|  |  |  |  |
| **Ankle** |  |  |  |
| Ankle taping (inversion restraint) |  |  |  |
| Mulligan fibular reposition tape |  |  |  |
| Achilles tendon unloading taping |  |  |  |
|  |  |  |  |
| **Foot** |  |  |  |
| Arch taping (Lo-dye, Reverse 6) |  |  |  |
| 1st MTP taping (Turf toe) |  |  |  |
| Shin Splints taping |  |  |  |
|  |  |  |  |
|  |  |  |  |
| **Hip** |  |  |  |
| Greater Trochanter bursa unloading taping (V tape) |  |  |  |
|  |  |  |  |
| **Wrapping** |  |  |  |
| Hip spica |  |  |  |
| Thigh wrap |  |  |  |
| Lower leg wrap |  |  |  |
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**Upper Quarter**

|  |  |  |  |
| --- | --- | --- | --- |
| **Skill** | **Unsatisfactory** | **Satisfactory** | **Superior** |
| **Functional Movement Analysis** |  |  |  |
| Throwing analysis (see throwing check off sheet) |  |  |  |
| Golfing analysis |  |  |  |
| Davies’ closed kinetic chain UE stability test |  |  |  |
| One-arm hop test |  |  |  |
|  |  |  |  |
| **Shoulder** (Assessment’s) |  |  |  |
| Load and shift |  |  |  |
| Anterior release test |  |  |  |
| Relocation test |  |  |  |
| Posterior apprehension test |  |  |  |
| Sulcus sign |  |  |  |
| Neer impingement test |  |  |  |
| Hawkins-kennedy impingement test |  |  |  |
| Labrum crank test |  |  |  |
| Anterior slide test |  |  |  |
| Clunk test |  |  |  |
| Biceps load test |  |  |  |
| Active compression test (O’brien’s test) |  |  |  |
| Full can muscle strength test |  |  |  |
| Hornblowers sign |  |  |  |
| Lift off test |  |  |  |
| ER lag test |  |  |  |
| Internal impingement sign |  |  |  |
| Glenohumeral internal rot deficit (GIRD) |  |  |  |
| Horizontal adduction test |  |  |  |
| Scapular Assist test |  |  |  |
|  |  |  |  |
| **Muscle Length Tests** |  |  |  |
| Pectoralis minor length test |  |  |  |
| Pectoralis major length test |  |  |  |
| Latissimus Dorsi length test |  |  |  |
| Terres Major length test |  |  |  |
| Subscapularis length test |  |  |  |
|  |  |  |  |
| **Manual Muscle Tests** |  |  |  |
| Supraspinatus MMT |  |  |  |
| Middle trap MMT |  |  |  |
| Lower trap MMT |  |  |  |
| Serratus Anterior MMT |  |  |  |
|  |  |  |  |
| Upper quarter Plyometrics exercises |  |  |  |
|  |  |  |  |

**Upper Quarter**

|  |  |  |  |
| --- | --- | --- | --- |
| **Skill** | **Unsatisfactory** | **Satisfactory** | **Superior** |
| **Shoulder** (Treatment) |  |  |  |
| **Strengthening and Neuromuscular Re-education** |  |  |  |
| Rotator cuff strengthening |  |  |  |
| Lower Trap activation and progression |  |  |  |
| Middle Trap activation and progression |  |  |  |
| PNF scapular patterns |  |  |  |
| PNF full shoulder patterns |  |  |  |
|  |  |  |  |
| **Muscle Flexibility** |  |  |  |
| Pectoralis Minor STM and stretching |  |  |  |
| Pectoralis Major STM and stretching |  |  |  |
| Latissimus Dorsi STM and stretching |  |  |  |
| Terres Major STM and stretching |  |  |  |
| Subscapularis STM and stretching |  |  |  |
|  |  |  |  |
| **Joint Mobilization** |  |  |  |
| AP glenohumeral mobs |  |  |  |
| PA glenohumeral mobs |  |  |  |
| Inferior Joint mobs |  |  |  |
| Posterior capsule lengthening |  |  |  |
| AC joint mobs |  |  |  |
| SC joint mobs |  |  |  |
|  |  |  |  |
| **Elbow** (Assessment) |  |  |  |
| Cozen’s test |  |  |  |
| Mills Tennis Elbow test |  |  |  |
| Resisted Finger Extensor test |  |  |  |
| Repeated Resistance testing of the pronator teres and supinator |  |  |  |
| MMT: FCR, FCU, PT |  |  |  |
| Valgus and Varus Stress test |  |  |  |
| Posterlateral Rotatory Instability test |  |  |  |
| Milking test or maneuver |  |  |  |
|  |  |  |  |
| **Elbow** (Treatment) |  |  |  |
| Taping for to unload lateral elbow region |  |  |  |
| Radial head lateral gap |  |  |  |
| Mills’ technique |  |  |  |
| Taping to resist hyperextension and valgus stress |  |  |  |
| MWM Elbow flexion and extension |  |  |  |
| MWM Forearm pronation and supination |  |  |  |
| Taping to resist hyperextension and valgus stress |  |  |  |
|  |  |  |  |
| **Wrist and hand** (Assessment) |  |  |  |
| Palpatory Provocation of the carpal and guyon’s tunnel |  |  |  |
| Palpatory Provocation of the scaphoid bone |  |  |  |
| Palpatory Provocation of the 1st CMC jt and TFCC region |  |  |  |
| Resistive test: APL/EPB, FDP/FDS |  |  |  |
| Integrity testing of the CMC, MCP, PIP, DIP jts |  |  |  |
| Accessory joint mobility |  |  |  |
| Intrinsic and Extrinsic muscle length testing |  |  |  |
|  |  |  |  |
| **Wrist and hand** (Treatment) |  |  |  |
| Taping for wrist sprain / instability |  |  |  |
| Taping for finger sprain / instability |  |  |  |
| Taping for thumb sprain / instability |  |  |  |
| Dorsal and Volar glide of the radiocarpal jt |  |  |  |
| MWM wrist extension and flexion |  |  |  |
| Intercarpal joint glide |  |  |  |
|  |  |  |  |

Observational Gait Analysis Assessment Form

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Assistive Device:

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Weight Acceptance | | Single Limb Support | | Swing Limb Advancement | | | |
| **IC/LR** | | **MST/TST** | | **PSw ISw** | | MSw TSw | |
| Right | Left | Right | Left |  | |  | |
| **Heel Strike** | | **Ankle DF** | | **Ankle DF** | | | |
|  Yes |  Yes |  Yes |  Yes |  Yes |  Yes |  Yes |  Yes |
|  No |  No |  No |  No |  No |  No |  No |  No |
|  |  |  |  |  | |  | |
|  |  | Heel Rise | |  | |  | |
|  |  |  Yes |  Yes |  | |  | |
|  |  |  No |  No |  | |  | |
|  |  |  |  |  | |  | |
| Knee Flex & Ankle PF | | Knee Extension | | **Adequate Knee Flexion**  (40 –60°) | | **Knee Extension** | |
|  Yes |  Yes |  Yes |  Yes |  Yes |  Yes |  Yes |  Yes |
|  No |  No |  No |  No |  No |  No |  No |  No |
|  |  |  |  |  | |  | |
|  |  | **Hip Hyperextension (Trailing Limb)** | | Adequate Hip Flexion **(15 –25°)** | | | |
|  |  |  Yes |  Yes |  Yes |  |  Yes | |
|  |  |  No |  No |  No |  |  No | |
|  |  |  |  |  | |  | |
|  |  | Pelvic Stability | |  | |  | |
|  |  |  Yes |  Yes |  | |  | |
|  |  |  No |  No |  | |  | |
|  |  |  |  |  | |  | |
| **Heel Rocker** |  | **Ankle Rocker** | **Forefoot Rocker** | **Foot Clearance** | |  | |
|  Inadequate |  |  Inadequate |  Inadequate |  Yes | |  | |
|  Excessive |  |  Excessive |  Excessive |  No | |  | |
|  Normal |  |  Normal |  Normal |  | |  | |
|  |  |  |  |  | |  | |
| **Other Deviations:** | |  |  |  | |  | |
|  |  |  |  |  | |  | |
|  |  |  |  |  | |  | |
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|  |  |  |  |  | |  | |

**CI PREP FORM: NEW PATIENT**

**NEW PATIENT CHART REVIEW FORM**

**Appointment Time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |
| --- |
| **Patient age, and gender:**  **Referring Dx:**  **Referring MD and Specialty:**  **Pertinent Referring Provider Notes:** |

|  |
| --- |
| **Pertinent Diagnostic Tests** (imaging, labs) **and Results:** |

|  |
| --- |
| **Pertinent Medications** (include purpose): |

|  |
| --- |
| **Pertinent Medical Provider Visits** (prior medical provider visits and interventions – chiropractor, PT, PM&R, orthopaedics, etc ): |

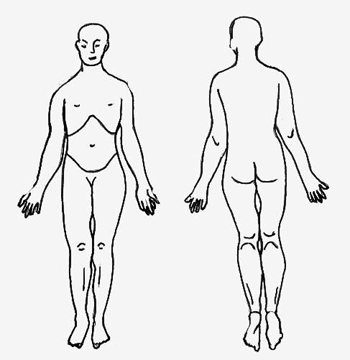
|  |
| --- |
| **Pertinent Concurrent Medical Problems:** |

**RETURN PATIENT PREP FORM**

**Appointment Time:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Visit #:\_\_\_\_\_\_\_\_\_**

**Irritability: Min/Mod/Severe**

|  |
| --- |
| **#1 Patient Profile** (Who is this patient?) |



|  |
| --- |
| **#2 Activity Limitations** (How does the pain behave?) |

|  |
| --- |
| **#3 Body Structure and Function** (Which physical and movement impairments are contributing to the activity limitations/problems?)   * Movement impairments * Postural impairments * ROM impairments * Muscle performance impairments |

|  |
| --- |
| **#4 PT Diagnosis** (Why does the patient have this pain?) |

|  |
| --- |
| **#5 Intervention**s (Which treatments will you deploy to normalize the physical impairments in #3?  **Manual Therapy:**  **Exercise Therapy:**  **Other:** |

|  |
| --- |
| **#6 Subjective Examination Plan** (What will you ask the patient about when they return?) |

|  |
| --- |
| **#7 Objective Examination Plan** (What will you objectively recheck?) |

|  |
| --- |
| **#8 Treatment Plan for Today** (What treatment are you going to do today?) |

|  |
| --- |
| **#9 Progress Check Summary** (Are you and the patient on track with making progress?) |

|  |
| --- |
| **#10 Mentoring Reason** (What do you need help with?) |

**SHORT CLINICAL REASONING FORM**

**(To be completed immediately following Initial Subjective Examination)**

**(PLANNING THE OBJECTIVE EXAMINATION)**

1. INTERPRETATION OF SUBJECTIVE DATA (Including "SINS")

1.1 What is the **nature** of this patient's problem? \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1.2 Give your interpretation for each of the following:

•SEVERITY I------------------------------I----------------------------I

non moderate severe

Give specific example:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

•IRRITABILITY I-----------------------------I------------------------------I

non moderate severe

Give specific example (include all three components of irritability):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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2. PLANNING THE PHYSICAL EXAMINATION

2.1 Which body region/joint complex/tissue will be the primary focus of your examination Day 1? (BRIEFLY justify your answer)

2.2 Which body regions/joint complexes/tissues must be "PROVEN UNAFFECTED"? (BRIEFLY justify your answer)

2.3 Does the subjective examination indicate caution? (Explain your answer)

2.4 At which points under the following headings will you limit your physical examination? Circle the relevant description. Refer to your answers to question 2.1-2.3.

Local Pain Referred Pain Paraesthesia Dizziness/

Anaesthesia Other VBI SX's

Short of P1 Short of Pro- Short of D1

duction Point of Onset/

Point of Onset/ Point of Onset/ Point of Onset/

increase in increase in increase in increase in

resting sx's resting sx's resting sx's dizziness

partial partial partial partial

reproduction reproduction reproduction reproduction

total total

reproduction reproduction

2.5 Given your answers to questions 2.1, 2.3 and 2.4, how vigorous will your physical examination be Day 1? Circle the relevant description.

ACTIVE EXAMINATION PASSIVE EXAMINATION

•Active movement short of limit •Passive short of R1

•Active limit •Passive movement into

•Active limit plus overpressure moderate resistance

•Additional tests •Passive movement to R2

Do you expect a comparable sign(s) to be easy/hard to find? (BRIEFLY explain your answer)

2.6 Which functional movement patters will you evaluate and why? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.7 If a neurological examination is necessary, will you perform a SEGMENTAL/PERIPHERAL/CENTRAL neurological examination? (Circle one, and BRIEFLY explain your answer) \_\_\_\_\_\_\_\_­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**SHORT CLINICAL REASONING FORM**

(To be completed immediately following Initial Objective Examination)

**INTERPRETATION OF OBJECTIVE DATA**

What is the **NATURE** of this patient's problem? Has it changed from the hypothesis following the subjective exam?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How did you empirically validate your hypothesis?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Which body regions/joint complexes/tissues did you rule out? (BRIEFLY justify your answer) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Is there anything in the patient’s *physical examination findings* that would indicate the need for caution in your management? If so, explain: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# PLANNING THE TREATMENT

Which key impairment/finding will be the primary focus of your treatment Day 1? (BRIEFLY justify your answer) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What will be the primary treatment approach used on day one for this patient? *Check one*:

 Physical agents  Manual therapy  Therapeutic exercises  Neuromuscular re-education  Ergonomic instructions/patient education  Application of external devices

What is your treatment plan for this patient’s episode of care?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Identify best treatment patient is likely to follow- linked to valued

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Identify specific barriers to treatment

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Long (Self-Reflection) Clinical Reasoning Worksheet**

*This form is adapted from the “Self-reflection Worksheet” provided in Jones MA, Rivett DA, eds.*

*Clinical Reasoning for Manual Therapists. Edinburgh, Butterworth-Heinemann, 2004, Appendix 2, pages 421-431*

**FELLOW: DATE: PATIENT'S NAME:**

**1. Perception and interpretations on completion of the *subjective* examination**

1 **Activity and participation capabilities/restrictions**

* 1. Identify the key limitations that the patient has in performing functional activities.

…………………………………………………………………………………………………………………………...

…………………………………………………………………………………………………………………………...

1.2 Identify the key restrictions that the patient has with participating in his/her life situations.

…………………………………………………………………………………………………………………………...

…………………………………………………………………………………………………………………………...

1. **Patient’s perspectives on their experience**

Identify the patient’s perspectives (positive and negative) on his/her experience regarding the problem and its management.

…………………………………………………………………………………………………………………………...

…………………………………………………………………………………………………………………………...

1. **Pathobiological mechanisms**
   1. Tissue mechanisms

At what stage of the inflammatory/healing process do you judge the principal disorder to be?

…………………………………………………………………………………………………………………………...

…………………………………………………………………………………………………………………………...

If the disorder is past the remodeling and maturation phase, what do you think may be maintaining the symptoms and/or activity-participation restrictions?

…………………………………………………………………………………………………………………………...

…………………………………………………………………………………………………………………………...

* 1. Pain mechanisms
     1. List the subjective evidence that supports each specific mechanism of symptoms?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Input Mechanisms | | Maladaptive Processing Mechanisms | | Output Mechanisms |
| **Nociceptive symptoms** | **Peripheral evoked neurogenic symptoms** | **Centrally evoked neurogenic symptoms** | **Patient’s perspectives (cognitive/affective influences)** | **Motor and**  **autonomic**  **mechanisms** |
|  |  |  |  |  |

* + 1. Draw a ‘pie chart’ on the diagram below that reflects the proportional involvement on the pain mechanisms apparent after completing the subjective examination.
  1. Identify any potential risk factors for normal mechanism involvement to become maladaptive?

…………………………………………………………………………………………………………………………...

…………………………………………………………………………………………………………………………...

3.4. From your subjective examination, identify any feature in the patient’s presentation that may reflect impairment in the:

Neuroendocrine systems:…………………………………………………………………………………

…………………………………………………………………………………………………………………

Neuroimmune systems:…………………………………………………………………………………...

…………………………………………………………………………………………………………………

1. **The source(s) of the symptoms**
   1. List in order of likelihood all possible structure at fault for each area/component of symptoms

|  |  |  |  |
| --- | --- | --- | --- |
| **Sources** | Area 1:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Possible Structures | Area 2:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Possible Structures | Area 3:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Possible Structures |
| Somatic local |  |  |  |
| Somatic referred |  |  |  |
| Neurogenic (peripheral and/or central) |  |  |  |
| Vascular |  |  |  |
| Visceral |  |  |  |

Highlight with an \* those structures that must be examined on day one

4.2 What physical syndrome/disorder/pathology do the symptoms appear to fit?

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

If the symptoms do not fit a recognizable clinical pattern, what other factors need to be examined?

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

1. **Contributing factors**
   1. Specify any contributing factors associated with the patient’s symptoms?

Physical………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

Environmental/ergonomic……………………………………………………………………………….

…………………………………………………………………………………………………………………

Psychosocial...………………………………………………………………………………………………

…………………………………………………………………………………………………………………

1. **The behavior of the symptoms**

6.1 Give your interpretation for each of the following:

Severity: Symptom #1 0--------------------|--------------------10

#2 0--------------------|--------------------10

low high

Irritability: Symptom #1 0--------------------|--------------------10

#2 0--------------------|--------------------10

non-irritable very irritable

Give an example of irritability in this patient:…………………………………………………………………

…………………………………………………………………………………………………………………………...

Specify the relationship between the patient’s activity/participation restrictions and/or his/her symptoms related to:

Behavioral factors………………………………………………………………………………………….

…………………………………………………………………………………………………………………

Historical factors………………………………………………………………………………………….

…………………………………………………………………………………………………………………

Precautionary questions.………………………………………………………………………………….

…………………………………………………………………………………………………………………

6.2 Give your interpretation of the contribution of inflammatory vs. mechanical factors to the nociceptive component

Inflammatory |--------------------|--------------------| Mechanical

List those factors that support your decision

|  |  |
| --- | --- |
| **Factor** | **Supporting evidence** |
| Inflammatory |  |
| Mechanical |  |

What are the implications of the patient’s 1) level of irritability and 2) inflammatory vs. mechanical contributions on planning this patient’s physical examination?

…………………………………………………………………………………………………………………………...

…………………………………………………………………………………………………………………………...

1. **History of the symptoms**
   1. Give your interpretation of the **history** (past and present) for each of the following:

Nature of the onset

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

Extent of impairment and associated tissue damage

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

Implications for planning the physical examination

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

Progression since onset

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

Consistency between the patient’s area of symptoms, behavior of symptoms, and history

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

**8 Precautions and contraindication to physical examination and management**

8.1 Identify any component of the patient’s subjective examination that indicates the need for caution

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

8.2 What symptoms indicate the need for specific testing during the day 1 examination?

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

* 1. At which points under the following headings will you limit your physical examination?

(*circle the relevant description*)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Local symptoms**  **(consider each component)** | **Referred symptoms**  **(consider each component)** | **Dysthesias** | **Symptoms of vertebrobasilar insufficiency** | **Visceral symptoms** |
|  | Short of P1 | Short of production |  |  |
| Point of onset/ increase in resting  symptoms | Point of onset/ increase in resting  symptoms | Point of onset/ increase in resting  symptoms | Point of onset/ increase in resting  symptoms | Point of onset/ increase in resting  symptoms |
| Partial reproduction | Partial reproduction | Partial reproduction | Partial reproduction | Partial reproduction |
| Total reproduction | Total reproduction | Total reproduction |  | Total reproduction |

At which point will you limit your physical examination?

(*check the relevant description*)

|  |  |
| --- | --- |
| **Active examination** | **Passive examination** |
|  Active movement short of pain |  Passive movement short of R1 |
|  Active limit |  Passive movement into moderate resistance |
|  Active limit plus overpressure |  Passive movement to full overpressure |

If the dominance of the presentation with this patient is hypothesized to be central as opposed to peripherally evoked, provide an example of how you will attend to this during the patient’s physical examination

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

8.4 Is a peripheral or central nervous system neurological examination necessary?……………..

Why?……………………………………………………………………………………………………….....

Is it a day 1 priority?………………………………………………………………………………………

8.5 If relevant, do you expect one or more comparable signs to be easy or hard to find?

Explain……………………………………………………………………………………………………….

…………………………………………………………………………………………………………………

8.6 What data (if any) collected during the subjective examination provides clues as to what will be effective treatment strategies for this patient?

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

**Perceptions, interpretations, implications following the physical exam and first treatment**

1. **Concept of the patient’s illness/pain experience**
   1. What is your assessment of the patient’s **understanding** of his/her problem?

………………………………………………………………………………………….…………..………….

…………………………………………………………………………………………………………………

* 1. What is your assessment of the patient’s **feelings** about his/her problem?

………………………………………………………………………………………….…………..………….

…………………………………………………………………………………………………………………

How has the patient’s beliefs or feelings about his/her problem affected the management of the problem up to his point?

………………………………………………………………………………………….…………..………….

…………………………………………………………………………………………………………………

* 1. What does the patient expect from his/her physical therapist?…….………...………..………….

…………………………………………………………………………………………………………………

What does the patient expect from physical therapy?………..…….………...………..………….

…………………………………………………………………………………………………………………

Are the patient’s goals for physical therapy appropriate?.……….…If not, have you and the

patient been able to agree upon modified goals?…………………If so, what are these goals?

…………………………………………………………………………………………………………………

* 1. What effect do you anticipate the patient’s understanding and feelings regarding his/her problem may have on your management or prognosis?

………………………………………………………………………………………….…………..………….

…………………………………………………………………………………………………………………

# 10. Interpretation of posture and functional movements

10.1. List features of global posture(Whole Body) and local posture associated with the problem region and list the impairments, which can be predicted from the postural faults:

|  |  |  |
| --- | --- | --- |
| General Posture | Local Posture | Predicted Impairments |
|  |  |  |

10.2. List all functional movements observed during exam and the dysfunctional movements noted (compared with “ideal movement”) and any predicted impairments based on these movements:

|  |  |  |
| --- | --- | --- |
| Functional Movements | Dysfunctions | Predicted Impairments |
|  |  |  |

* 1. How does the patient’s ADLs/ work activities and postures / exercise or recreational activities contribute to his/her posture or movement patterns?

………..…….………...………..………….……………………………………………………………………..………

………………………………………………..…….…………...………..………….………………………..…………

……………………………………………………………………………..………..…….………...………..………….

* 1. How does the patient’s posture or movement patterns contribute to his/her disability or functional limitations?

………..…….………...………..…………………..…….………...………..……………...……………………………

…………………………………………………………………………………….……..………………………………

………………………………………………………………….………………………………………………………..

10.5 Does the patient’s disabilities or functional limitations contribute to his/her posture or movement dysfunctions? If yes - explain.

………..…….………...………..………….……………………………………………………….…………………….

……………………………………………………………….……..…….………...…………….……….

…………………………………………………………………………...………………………………………………

10.6 Does the patient’s body proportions contribute to his/her posture or movement dysfunctions? If yes - explain.

……………………………………………………………………………………………………………….…………..

…………………………………………………………………………………………………………….……………..

* 1. What is the source and/or cause (hypothesis) of the patient’s problem? Has it changed from the hypothesis following the subjective exam?

………..…….………...………..…………………..…….………...………..……………..…….………...………

………………………………………………………………………………………...…………………………………

**11 Sources and pathobiological mechanism of the patient’s symptoms**

* 1. List the previously identified symptom(s) and supporting or negating evidence

|  |  |  |  |
| --- | --- | --- | --- |
| **Symptom** | **Possible structure(s) at fault** | **Physical Examination supporting evidence** | **Physical examination negating evidence** |
|  |  |  |  |

Check the applicable mechanism and provide pertinent supporting and negating evidence.

|  |  |  |
| --- | --- | --- |
| **Pain mechanisms** | **Supporting evidence** | **Negating evidence** |
| Input mechanisms:   Nociceptive |  |  |
|  Peripherally evoked neurogenic |  |  |
| Processing mechanisms:   Centrally evoked neurogenic |  |  |
|  Cognitive and affective |  |  |
| Output mechanisms   Motor |  |  |
|  Autonomic |  |  |

|  |  |  |
| --- | --- | --- |
| **Tissue mechanisms** | **Supporting evidence** | **Negating evidence** |
|  Acute inflammatory phase |  |  |
|  Proliferation phase |  |  |
|  Remodeling/maturation phase |  |  |

* 1. Indicate your principal hypothesis regarding the:

Primary syndrome/disorder

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

Dominant pathobiological mechanism

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

* 1. Does your physical examination findings alter the interpretations made following

the subjective examination with regard to the stage of the inflammatory/healing process?

* 1. Based on your understanding of the nature of the disorder, the pathobiological mechanisms, the patient’s perceptions, and possible contributing factors, list the favorable and unfavorable **prognostic** indicators.

|  |  |
| --- | --- |
| **Favorable** | **Unfavorable** |
|  |  |

**Implications of perceptions and interpretation on ongoing management**

1. **Management**

**12.1 Interpretation of the Physical Exam**

1. List the impairments and contributing factors found during the physical exam that relate to the patient’s problem. Rank them in order of importance and assign a percentage of how much each contributes to the patient’s problem

|  |  |  |
| --- | --- | --- |
| Rank | Impairments/Contributing Factors | % |
|  |  |  |

* 1. Are the physical examination findings consistent with what was hypothesized following the subjective examination? (Do the features fit?)…………If not, how might these inconsistencies influence your:

Intervention………………………………………………………………………………………………….

Prognosis…………………………………………………………………………………………………….

* 1. Is there anything in the patient’s *physical examination findings* that would indicate the need for caution in your management?………….If so, explain:

…………………………………………………………………………………………………………………

12.3 What was the primary treatment approach used on day one for this patient? *Check one*:

 Physical agents  Manual therapy  Therapeutic exercises  Neuromuscular re-education  Ergonomic instructions/patient education  Application of external devices

Why was this approach chosen over other approaches?…………………………………………...

…………………………………………………………………………………………………………………

Does it relate to your list above? ……………………………………………………………………….

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

* 1. What was the result of your primary treatment?……………………………………...……………..

…………………………………………………………………………………………………………………

12. 5 What home program did the patient receive following the initial exam? Explain the rationale for issuing the home program.

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

12.6 What is your expectation of the patient’s response over the next 24 hours?…………………

…………………………………………………………………………………………………………………

* 1. What is your treatment plan for this patient’s episode of care?……………………………….…

…………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………

* 1. Do you envision a need to refer the patient to another health care provider?…………………

If so, what type of practitioner?…………………………………………………………………………

**13 Reflection on source(s), contributing factor(s) and prognosis**

**After the third visit**

* 1. How has your understanding of the patient's problem changed from your interpretations

made following the first treatment?…………………………………………………………………….

…………………………………………………………………………………………………………………

How has the patient’s perception of his/her problem and management changed since the

first session?………………………………………………………………………………………………...

…………………………………………………………………………………………………………………

Are the patient’s concerns being addressed and/or needs being met?…………………………..

…………………………………………………………………………………………………………………

* 1. On reflection, what clues (if any) can you now recognize that you initially missed,

misinterpreted, under- or over-weighted?…………………………………………………………….

…………………………………………………………………………………………………………………

What would you do differently next time?……………………………………………………………

…………………………………………………………………………………………………………………

1. **After the sixth visit**
   1. How has your understanding of the patient's problem changed from your interpretations

made following the third session?…………………………………………………………………….

…………………………………………………………………………………………………………………

How has the patient’s perception of his/her problem and management changed since the

third session?…...…………………………………………………………………………………………...

…………………………………………………………………………………………………………………

* 1. On reflection, what clues (if any) can you now recognize that you initially missed,

misinterpreted, under- or over-weighted?…………………………………………………………….

…………………………………………………………………………………………………………………

What would you do differently next time?……………………………………………………………

14. 3 If the outcome ends up being short of 100% (‘cured’), at what point would you cease

management?………………………..Why?………………………………………………………………

…………………………………………………………………………………………………………………

**15 After discharge**

15.1 How has your understanding of the patient's problem changed from your interpretations

made following the sixth session?…………………………………………………………………….

How has the patient’s perception of his/her problem and management changed since the

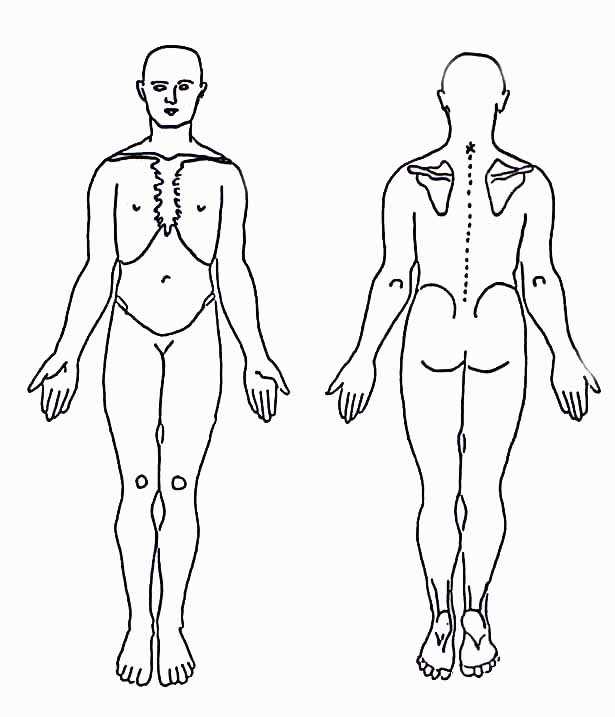
sixth session?…...…………………………………………………………………………………………...

15.2 In hindsight, what were the principal source(s) and pathobiological mechanisms of the

patient's symptoms?……………………………………………………………………………………….

Identify the key subjective and physical features (i.e., clinical pattern) on the body chart

and table below that would help you recognize this disorder in the future.



|  |  |
| --- | --- |
| **Subjective** | **Physical** |
|  |  |

##### **FEEDBACK/CLINICAL PERFORMANCE EVALUATION • NEW PATIENT**

Date: Fellow: Patient: Instructor:

PATIENT PROFILE: Occupation Fitness Level

Recreational Activities Age Gender Handedness

|  |  |
| --- | --- |
| SUBJECTIVE EXAMINATION | Feedback/Comments |
| Start Time:  **ESTABLISHES PATIENT'S PROBLEM(S)/ CHIEF COMPLAINT** | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **2.BODY CHART**   * all areas of symptoms * details of symptom areas * most symptomatic area * type/description * constant/intermittent * relationship of symptoms * initial hypothesis | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **3.BEHAVIOR OF SYMPTOMS**   * aggravation factors * easing factors * irritability * severity * functional limitations * relationship of symptoms * rest * night * morning * through day * sustained postures * movement from sustained postures | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **4.PRECAUTIONS/CONTRAINDICATIONS TO PHYSICAL/MANUAL INTERVENTION**   * general medical condition * present level of fitness * present/past medications * vertebral-basilar insufficiency * cervical instability * spinal cord involvement * cauda equina symptoms * weight loss * investigative procedures * familial predisposition | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |

|  |  |
| --- | --- |
| **5.HISTORY – PRESENT**   * onset * predisposing factors * progression * treatment/effect | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **6.HISTORY – PAST**   * onset * predisposing factors * progression * treatment/effect   End Time: | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **7.BIOPSYCHOSOCIAL/YELLOW FLAGS**   * Attitudes * Behaviors * Compensation issues * Diagnosis and treatment issues * Emotions * Family * Work * Patient’s Goals   End Time: | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **8.CLINICAL REASONING: DATA INTERPRETATION** *(short planning form)*   * identify SINS * identify contributing factors * identify contraindications to PT examination and treatment | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **9.CLINICAL REASONING: TREATMENT PLANNING**   * determine extent and vigor of physical examination consistent with SINS of problem/sx. * select movements and/or functional activities to be examined | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **10. CLINICAL REASONING**   * short planning sheet | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |

|  |  |
| --- | --- |
| PHYSICAL EXAMINATION | Feedback/Comments |
| **11. RESTING SYMPTOMS**   * establish baseline * patient communication | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **12. OBSERVATION**   * posture * willingness to move * correcting deformity   **Detailed Alignment/Muscle Analysis**   * Upper quarter * Lower quarter | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **12. FUNCTIONAL ASSESSMENT**   * supine to sit * sit to stand * stairs * reach * bend * respiration * other \_\_\_\_\_\_\_\_\_\_\_\_ | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **13. GAIT ANALYSIS (critical events)**   * weight acceptance * single limb support * swing limb advancement | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **14.ROUTINE ACTIVE MOVEMENTS**   * range * quality * behavior of symptoms - for most relevant areas * quick tests to prove or disprove hypothesis | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **15.SPECIAL TESTS (RELEVANT TO THE PATIENT’S CONDITION)**   * vertebral artery tests * ligamentous integrity tests * other relevant tests\_\_\_\_\_\_\_\_\_\_\_ | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |

|  |  |
| --- | --- |
| **16. NEUROLOGICAL EXAMINATION**   * sensation * strength * reflexes * upper motor neuron | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **17.PALPATION**   * temperature * sweating * swelling * soft tissue * bony displacement | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **18.PASSIVE MOVEMENT TESTS**   * range * quality * behavior of symptoms   **VERTEBRAL JOINTS**   * PAIVMs * PPIVMs * correct segmental level/joint | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **19.ACTIVE/PASSIVE MOVEMENT TESTS**   * range * quality * behavior of symptoms   **PERIPHERAL JOINTS**   * physiological * accessory * differentiation   **SPECIFIC MVT DEVIATIONS**   * identify PICR deviations * identify stiff vs. short muscles | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **20. MUSCLE**   * length * strength * endurance * coordination * motor control * pain response | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |

|  |  |
| --- | --- |
| **21.NERVE MOBILITY TESTS**   * patient position * therapist position * therapist handling * movement/pain relation | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **22.INQUIRY**   * gains patient's confidence * shows interest/concern * brief questions * elicits spontaneous information * picks up key words * recognizes non-verbal cues * parallels * clarifies/does not assume * makes features fit/pursues * controls the interview | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **23. POST EXAMINATION REASSESSMENT**   * justification for use/non-use * active/passive mvt examination order | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |
| **24. INTERPRETATION AND PLANNING** | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior |

|  |  |
| --- | --- |
| **INTERVENTION AND RE-EVALUATION** | **Feedback/Comments** |
| **25. TREATMENT**   * goal determination * technique selection * accuracy of technique * communication * treatment intensity * treatment progression * treatment duration | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **26. REASSESSMENT**   * subjective reassessment * body chart * baseline level of symptoms * response to movement | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **27. REASSESSMENT**   * objective reassessment * active * passive physiologic * passive accessory | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |

|  |  |
| --- | --- |
| **PATIENT MANAGEMENT SKILLS** | **Feedback/Comments** |
| **28. TIME MANAGEMENT**   * subjective exam within 20 minutes * full exam, treatment, pt. ed and HEP | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **29. INTERPRETATION AND CORRELATION**  **OF HISTORY, PHYSICAL EXAMINATION**  **AND REASSESSMENT DATA** | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **30. ESTABLISH THERAPEUTIC RELATIONSHIP/COMMUNICATION**   * positive verbal & nonverbal instruction * active listening * responsive touch * gains patient's confidence * shows interest/concern * brief questions * elicits spontaneous information * picks up key words * recognizes non-verbal cues * parallels * clarifies/does not assume * makes features fit/pursues * controls the interview | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **31. DIAGNOSTIC PROCESS: MUTUAL INQUIRY**   * physical & movement diagnosis * identify disease beliefs * identify treatment beliefs’ * identify potential barriers to treatment | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **32.INTERVENTION AND FOLLOW-UP:**  **TEACH AND PROBLEM SOLVE**   * evaluate for treatment effect * evaluate for adherence * problem solve to eliminate barriers to adherence * modify success indicators as patient progresses * teach performance skills, provide knowledge of how to implement and monitor self- treatment; design self reminder strategies | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **33.NEGOTIATE COMMON GROUND**   * make a mutual agreement for long and short term goals * identify best treatment patient is likely to follow- linked to valued activity * identify specific barriers to treatment * assess self-efficacy | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | | |
| **34. CLINICAL REASONING/ORAL DEFENSE**   * severity * irritability * nature * stage * diagnosis | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | | |

|  |  |
| --- | --- |
| **SUMMARY: CLINICAL PERFORMANCE EVALUATION PERIOD - NEW PATIENT** | |
| (a)Total number of *UNSATISFACTORY* marks: \_\_\_\_\_ X 1 = \_\_\_\_\_points  (b) Total number of *SATISFACTORY(-)* marks \_\_\_\_\_ X 2 = \_\_\_\_\_points  (c)Total number of *SATISFACTORY* marks: \_\_\_\_\_ X 3 = \_\_\_\_\_points  (d)Total number of *SATISFACTORY(+)* marks: \_\_\_\_\_ X 4 = \_\_\_\_\_points  (e)Total number of *SUPERIOR* marks: \_\_\_\_ X 5 = \_\_\_\_\_ points  Total Number of Components Measured (a+b+c+d+e): \_\_\_\_\_ maximum points possible | |
|  |

*Kaiser Permanente Southern California Spine Rehabilitation Fellowship*

# FEEDBACK/CLINICAL PERFORMANCE EVALUATION • RETURN PATIENT

Date: Fellow: Patient: Instructor:

Return Visit Number: \_

|  |  |
| --- | --- |
| SUBJECTIVE EXAMINATION | Feedback/Comments |
| Start Time:  **1.SUBJECTIVE ASSESSMENT**   * response from the last treatment * level of treatment tolerance | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **2.BODY CHART**   * notes pertinent modifications | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **3.SUBJECTIVE ASTERISKS SIGNS**   * use of scanning questions * obtains relevant additional data   End Time: | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **PHYSICAL EXAMINATION** | **Feedback/Comments** | |
| **4.EVALUATION PREVIOUS INTERVENTION**   * appearance * resting symptoms | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superio   r | |
| **5.ACTIVE MOVEMENT EXAMINATION**   * range of motion * quality of motion * functional tasks | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **6. SPECIFIC PASSIVE TESTING**   * physiological * accessory * range * quality * behavior of symptoms | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **7.POST EXAMINATION REASSESSMENT**   * justification for use/non-use * active/passive mvt examination order | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |

|  |  |
| --- | --- |
| INTERVENTION | Feedback/Comments |
| **8.MANUAL THERAPY PROCEDURES**   * patient positioning * therapists position * handling skills * techniques application accuracy | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **9. THERAPEUTIC EXERCISE OR PATIENT EDUCATION PROCEDURES**   * neuromuscular/movement re-education * ergonomic modification * appropriateness of exercise * manual cues * verbal cues * teaching skills * facilitation techniques * inhibitory techniques * sensorimotor training * reflexive stabilization | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **10.TREATMENT PROGRESSION**   * selection * variation * intensity * duration | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |

|  |  |
| --- | --- |
| **POSTTREATMENT REASSESSMENT** | Feedback/Comments |
| **11.SUBJECTIVE REASSESSMENT**   * justification for use/non-use * examination order * communication skills | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **12.OBJECTIVE REASSESSMENT**   * justification for use/non-use * examination order * examination precision * communication skills | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **13.SUMMATIVE REASSESSMENT** (to be used after a series of treatments)   * level of goal accomplishment * discharge planning – or – * requirement for modification of the intervention approaches or strategies | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |

|  |  |
| --- | --- |
| **PATIENT MANAGEMENT SKILLS** | Feedback/Comments |
| 1. **CLINICAL REASONING/ORAL DEFENSE**    * severity    * irritability    * nature    * stage    * diagnosis | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **15. CLINICAL REASONING: TEACH AND PROBLEM SOLVE**   * teach performance skills, provide knowledge of how to implement and monitor self- treatment; design self reminder strategies * evaluate for treatment effect * evaluate for adherence * problem solve to eliminate barriers to adherence * modify success indicators as patient progresses * identify best treatment patient is likely to follow - linked to valued activity * identify specific barriers to treatment * assess self-efficacy discharge plan   + treatment plan | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |
| **16. CLINICAL REASONING/ORAL DEFENSE**   * + goals   + treatment progression   + discharge plan | * Unsatisfactory * Satisfactory- * Satisfactory * Satisfactory+ * Superior | |

|  |
| --- |
| **SUMMARY: CLINICAL PERFORMANCE EVALUATION PERIOD - RETURN VISIT** |
| (a)Total number of *UNSATISFACTORY* marks: \_\_\_\_\_ X 1 = \_\_\_\_\_points  (b) Total number of *SATISFACTORY(-)* marks: \_\_\_\_\_ X 2 = \_\_\_\_\_points  (c)Total number of *SATISFACTORY* marks: \_\_\_\_\_ X 3 = \_\_\_\_\_points  (d)Total number of *SATISFACTORY(+)* marks: \_\_\_\_\_ X 4 = \_\_\_\_\_points  (e)Total number of *SUPERIOR* marks: \_\_\_\_ X 5 = \_\_\_\_\_ points  Total Number of Components Measured (a+b+c+d+e): \_\_\_\_\_ maximum points possible |

## *Kaiser Permanente Southern California Spine Rehabilitation Fellowship*

# Single Patient – Clinical Performance Evaluation

### SUMMARY

Fellow:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Evaluation Period #:\_\_\_\_\_

Evaluation Period Dates:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Patient: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Instructor:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Summary: Clinical Performance Evaluation - **New Patient**

(a)Total number of *Unsatisfactory* points:\_\_\_\_\_

(b)Total number of *Satisfactory* points: \_\_\_\_\_

(c)Total number of *Satisfactory* points: \_\_\_\_\_

(d)Total number of *Satisfactory* points: \_\_\_\_\_

(c)Total number of *Superior* points: \_\_\_\_\_

A. Maximal Points Possible: \_\_\_\_\_

Summary: Clinical Performance Evaluation - **Return Visit #1**

(a)Total number of *Unsatisfactory* points:\_\_\_\_\_

(b)Total number of *Satisfactory* points: \_\_\_\_\_

(c)Total number of *Satisfactory* points: \_\_\_\_\_

(d)Total number of *Satisfactory* points: \_\_\_\_\_

(c)Total number of *Superior* points: \_\_\_\_\_

A. Maximal Points Possible: \_\_\_\_\_

Summary: Clinical Performance Evaluation - **Return Visit #2**

(a)Total number of *Unsatisfactory* points:\_\_\_\_\_

(b)Total number of *Satisfactory* points: \_\_\_\_\_

(c)Total number of *Satisfactory* points: \_\_\_\_\_

(d)Total number of *Satisfactory* points: \_\_\_\_\_

(c)Total number of *Superior* points: \_\_\_\_\_

A. Maximal Points Possible: \_\_\_\_\_

Summary of **New Patient**, **Return Visit #1**, and **Return Visit #2**

(a)Total number of *Unsatisfactory* points:\_\_\_\_\_

(b)Total number of *Satisfactory* points: \_\_\_\_\_

(c)Total number of *Satisfactory* points: \_\_\_\_\_

(d)Total number of *Satisfactory* points: \_\_\_\_\_

(c)Total number of *Superior* points: \_\_\_\_\_

A. Maximal Points Possible: \_\_\_\_\_

**Total Maximal Points Possible** (A+B+C+d+e): \_\_\_\_\_

Final Score for this Clinical Performance Evaluation Period

Total Number of Points / Total Maximal Points Possible X 100 = \_\_\_\_\_%

*Kaiser Permanente Southern California Spine Rehabilitation Fellowship*

**Scoring Procedures for Clinical Performance Evaluations - Single Patient**

1. For each of the 34 components that are evaluated during the *Clinical Performance Evaluation • New Patient* and for each of the 16 components that are evaluated during the *Clinical Performance Evaluation • Return Patient,* the fellow can score a maximum of three points. Three points are scored for superior performance, two points are scored for satisfactory performance, and one point is scored for unsatisfactory performance.
2. The total number of components evaluated during the new and return patient evaluations is multiplied by three - providing the maximal points possible.
3. The number of points actually scored during the new and return patient evaluations is summed.
4. The sum of the points scored is divided by the maximal points possible - providing the final score
5. Final scores that are greater than 60% demonstrate satisfactory performance.

Example:

* During the *Clinical Performance Evaluation • New Patient* the fellow is evaluated on 20

components and scores **45 points** on those **20 components**.

* During the first *Clinical Performance Evaluation • Return Patient* the fellow is evaluated on 10 components and scores **20 points** on those **10 components**.
* During the second *Clinical Performance Evaluation • Return Patient* the fellow is evaluated on 10 components and scores **25 points** on those **10 components**.

Thus,

* 20 components + 10 components + 10 components result in a total of 40 components that were evaluated during this single patient care episode of a new patient evaluation and two return visits.

The total number of components is then multiplied by 3 to provide the maximal points possible.

In this example: 40 components x 3 = **120 maximum points possible**

* All of the points scored during the initial evaluation and two return visits of this patient are added together.

In this example: 45 points + 20 points + 25 points = **90 points**

* The total number of points scored is divided by the maximum points possible - providing the final score.

In this example: 90 points / 120 maximal possible points = .75 or 75 %

## *Kaiser Permanente Southern California Spine Rehabilitation Fellowship*

# Clinical Performance Evaluation -- Summative Review on Multiple Patients

Evaluation Period #:\_\_\_\_\_ Evaluation Period Dates:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fellow:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Instructor:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |
| --- | --- | --- |
| Clinical Skill | Performance Level | Comments |
| **Subjective**  **Examination** | Unsatisfactory   * Satisfactory - * Satisfactory * Satisfactory + * Superior |  |
| **Physical**  **Examination** | Unsatisfactory   * Satisfactory - * Satisfactory * Satisfactory + * Superior |  |
| **Intervention** | Unsatisfactory   * Satisfactory - * Satisfactory * Satisfactory + * Superior |  |
| **Reassessment** | Unsatisfactory   * Satisfactory - * Satisfactory * Satisfactory + * Superior |  |
| **Clinical**  **Reasoning** | Unsatisfactory   * Satisfactory - * Satisfactory * Satisfactory + * Superior |  |
| **Patient Management** | Unsatisfactory   * Satisfactory - * Satisfactory * Satisfactory + * Superior |  |

|  |
| --- |
| **SUMMARY OF THIS FEEDBACK/CLINICAL PERFORMANCE EVALUATION PERIOD** |
| (a)Total number of *UNSATISFACTORY* marks: \_\_\_\_\_ X 1 = \_\_\_\_\_points  (b) Total number of *SATISFACTORY(-)* marks: \_\_\_\_\_ X 2 = \_\_\_\_\_points  (c)Total number of *SATISFACTORY* marks: \_\_\_\_\_ X 3 = \_\_\_\_\_points  (d)Total number of *SATISFACTORY(+)* marks: \_\_\_\_\_ X 4 = \_\_\_\_\_points  (e)Total number of *SUPERIOR* marks: \_\_\_\_ X 5 = \_\_\_\_\_ points  Total Number of Components Measured (a+b+c+d+e): \_\_\_\_\_ maximum points possible |
| **SUMMARY SCORE** |
| Unsatisfactory (less than 60%)   * + Satisfactory (60% - 80%)   + Superior (80% - 100% |
|  |

**GUEST LECTURER EVALUATION FORM**

**( To be completed through E-Value)**

Name of Guest Lecturer:

Topic:

Consistently

Occasionally

Infrequently

|  |  |  |  |
| --- | --- | --- | --- |
| *The Guest Lecturer mentioned above:* | Consistently | Occasionally | Infrequently |
| (place an “**X**” in the chosen box) |  |  |  | |
|  |  |  |  | |
| Began presentation promptly on time. |  |  |  | |
|  |  |  |  | |
| Was able to identify the learning needs of the fellows. |  |  |  | |
|  |  |  |  | |
| Clearly communicated the objectives of the instruction. |  |  |  | |
|  |  |  |  | |
| Utilized content that was appropriate to the level  of instruction and interest to the fellows. |  |  |  | |
|  |  |  |  | |
| Has a through understanding of the content area  of the topic presented. |  |  |  | |
|  |  |  |  | |
| Utilized audiovisuals/explanations that were helpful in  describing the key concepts of the presentation. |  |  |  | |
|  |  |  |  | |
| Is a skilled and effective teacher/educator. |  |  |  | |
|  |  |  |  | |
| Has a pleasant demeanor and mood. |  |  |  | |
|  |  |  |  | |
| Ended presentations at an appropriate time. |  |  |  | |
|  |  |  |  | |
| The content of this presentation was appropriate for the time that was allotted for the instruction. |  |  |  | |

The aspects of this presentation that was most valuable to me were:

The aspects of this presentation that was least valuable to me were:

**CLINICAL FACULTY EVALUATION FORM**

**(To be completed through E-Value)**

Name of Clinical Faculty:

|  |  |  |  |
| --- | --- | --- | --- |
| *The Clinical Faculty Member mentioned above:* | Consistently | Occasionally | Infrequently |
| (place an “**X**” in the chosen box) |  |  |  |
|  |  |  |  |
| Is able to build rapport with patients. |  |  |  |
|  |  |  |  |
| Is able to identify the needs of the patients. |  |  |  |
|  |  |  |  |
| Is able to identify my needs as a fellow. |  |  |  |
|  |  |  |  |
| Demonstrates superior clinical reasoning. |  |  |  |
|  |  |  |  |
| Demonstrates superior treatment skills. |  |  |  |
|  |  |  |  |
| Is able to provide the cues I need to improve  my clinical reasoning and treatment skills. |  |  |  |
|  |  |  |  |
| Is on time and fully present during our designated  clinical supervising periods. |  |  |  |
|  |  |  |  |
| Is considerate and professional when providing  feedback to me when the patient is present. |  |  |  |
|  |  |  |  |
| Participates in data collection and publication of  clinical research. |  |  |  |
|  |  |  |  |
| Has a through understanding of the curriculum and  performance measures utilized in this fellowship. |  |  |  |
|  |  |  |  |
| Has a pleasant demeanor and mood. |  |  |  |

The most valuable aspects of our clinical supervision periods were:

I would have had a better experience if the following changes could be made:

**FELLOWSHIP PROGRAM EVALUATION FORM**

**( To be completed through E-Value)**

Date:  Name of Fellow:

|  |  |  |  |
| --- | --- | --- | --- |
| *Up to this point in the Fellowship program, with regard to the following points, I am*  (place an “**X**” in the chosen box) | Dissatisfied | Satisfied | Highly Satisfied |
|  |  |  |  |
| Extent and breadth of clinical practice opportunities |  |  |  |
|  |  |  |  |
| Quality and content of classroom/lab instruction |  |  |  |
|  |  |  |  |
| 1:1 clinical supervision while treating patients |  |  |  |
|  |  |  |  |
| Clinical performance evaluations (daily feedback, practical examinations, patient examinations) |  |  |  |
|  |  |  |  |
| Administrative aspects of the program (i.e., scheduling, administrative supervision, clerical support) |  |  |  |
|  |  |  |  |
| Opportunities and resources for performing clinical research |  |  |  |
|  |  |  |  |
| Opportunities and resources for performing community service |  |  |  |

Please provide any feedback you have regarding the above issues.

Up to this point, the most valuable aspects of this Fellowship for me are:

I would have a better experience if the following changes could me made:

(Feel free to use space on additional pages when providing feedback)

**FELLOWSHIP PROGRAM EVALUATION FORM**

**( To be completed through E-Value)**

Date:

|  |  |  |  |
| --- | --- | --- | --- |
| *At this point in the Fellowship program, with regard to the following points, I am*  (place an “**X**” in the chosen box) | Dissatisfied | Satisfied | Highly Satisfied |
|  |  |  |  |
| Extent and breadth of clinical practice opportunities |  |  |  |
|  |  |  |  |
| Quality and content of classroom/lab instruction |  |  |  |
|  |  |  |  |
| 1:1 clinical supervision while treating patients |  |  |  |
|  |  |  |  |
| Clinical performance evaluations (daily feedback, practical examinations, patient examinations) |  |  |  |
|  |  |  |  |
| Administrative aspects of the program (i.e., scheduling, administrative supervision, clerical support) |  |  |  |
|  |  |  |  |
| Opportunities and resources for performing clinical research |  |  |  |
|  |  |  |  |
| Opportunities and resources for performing community service |  |  |  |

Please provide any feedback you have regarding the above issues.

The most valuable aspects of this Fellowship for me have been:

Future fellows would have a better experience if the following changes could me made:

(Feel free to use space on additional pages when providing feedback)

AGREEMENT FOR ADVANCED FELLOWSHIP PROGRAM IN

ORTHOPAEDIC/SPORTS REHABILITATION

February 28th. 2022 through February 25th, 2023

This AMENDED AND RESTATED AGREEMENT FOR ADVANCED FELLOWSHIP PROGRAM IN ORTHOPAEDIC SPORTS REHABILITATION ("Agreement") dated as of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, is entered into by and between SOUTHERN CALIFORNIA PERMANENTE MEDICAL GROUP, a California partnership ("Medical Group"), and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_("Fellow").

R E C I T A L S:

WHEREAS, Medical Group operates a advanced fellowship training program for eligible physical therapists (“Fellows”) seeking an educational experience (“Program”); and

NOW, THEREFORE, in consideration of the mutual promises and undertakings hereinafter set forth, the parties agree as follows:

1. INCORPORATION OF RECITALS:

The recitals set forth in paragraphs A through B above are hereby incorporated into this Agreement. The parties enter into this Agreement as a full statement of their respective responsibilities hereunder.

2. OBLIGATIONS OF FELLOW:

FELLOW SHALL:

A. Meet the following eligibility criteria for participation in the Program:

1. Hold a valid California Physical Therapy License;

2. Have completed a residency in orthopaedic physical therapy from an APTA credentialed residency program or have attained status as a Clinical Specialist in Orthopaedic Physical Therapy (OCS) or have equivalent knowledge and skills;

3. Have excellent communication skills;

4. Be physically able to appropriately perform manual examination and treatment procedures;

5. Have the psychological, social and physical stability required for participation in and successful completion of the Program;

6. Have been selected by the Program's admission committee based on the eligibility criteria set forth in of this Paragraph and a review of certain other factors, including, but not limited to, Fellow's background, education, and experience, including relevant teaching and research experience, references, and clinical skills;

7. Satisfy the pre-employment health screening and immunization requirements and, specifically, demonstrate that Fellow is free of active tuberculosis as shown by PPD skin testing or chest x-ray, is immune from hepatitis B or has declined in writing to be immunized against hepatitis B, and either is immune from or has been immunized against (i) rubella, (ii) rubeola, (iii) mumps, (iv) varicella zoster (chicken pox), and (v) pertussis.

8. Submit to Medical Group an application for employment;

9. Successfully pass a criminal background/record search;

10 Submit to and pass drug screening;

11. Have eligibility to participate in Medicare, Medicaid or other state or federal healthcare

programs and in federal procurement or non procurement programs;

12. Provide a valid social security number;

13. Demonstrate eligibility to work in the United States;

14. Pass other screening requirements required by applicable policies/procedures and fulfill all other conditions of employment, such as compliance and other new-hire training; and

15. Report for work no later than the last date of the hospital orientation for your facility

where you will be employed.

B. Participate in the Program as follows, or as otherwise directed or required by Medical Group in accordance with the clinical hours required for graduation as set forth by the American Board of Physical Therapy: 1) 368 hours of classroom training, 2) 150 hours of 1:1 clinical supervision, 3) a minimum of 868 clinical practice hours, 4) provide clinical supervision to staff, residents or interns per week per the needs of the facility where the fellow is employed, 4) provide training periods for the staff per the needs of the facility where the fellow is employed, and/or, provide with the other fellows in the program, 5) 5-6 hour weekend seminar on a sports therapy topic for Kaiser Permanente physical therapists and/or physical therapists in the community, 6) participation in a research related project, 7) participation in a community services program.

C. Pay to Medical Group within 30 days of acceptance to the Program the non-refundable tuition fee to participate in the educational experience of the Program in the amount of two thousand dollars ($2000.00). The non-refundable tuition fee is used to fund a portion the Instructor's honorarium and credentialing costs and is not used for the application for employment process.

D. Conform to all applicable laws, rules and regulations, policies, procedures, rules of conduct and professional codes of ethics as are applicable to Medical Group, Kaiser Foundation Hospitals and Kaiser Foundation Health Plan, Inc (collectively called Kaiser Permanente). Fellow acknowledges that the above laws, rules and regulations, policies, procedures, rules of conduct and professional codes of ethics may be amended from time to time, and Fellow hereby agrees to be bound by and adhere to any such amendments.

E. Fellow agrees to participate in effective, safe, and compassionate patient care, commensurate with Fellow’s level of advancement and responsibility.

3. OBLIGATIONS OF KAISER:

Medical Group shall:

A. Develop the curriculum for the Program in accordance with the guidelines developed by the Sports Physical Therapy: Description of Specialty Practice (DSP) and the American Academy of Orthopaedic Manual Physical Therapist as published in "Guidelines for Orthopaedic Physical Therapy and Manual Therapy Clinical Education."

B. Supervise Fellow's classroom and clinical training at the Clinical Facilities and provide the instructors for the Program.

C. Provide educational supplies, materials, and equipment used for instruction during the Program.

D. Provide Fellow with orientation information about the Program and Clinical Facilities.

E. Prior to permitting Fellow access to the Clinical Facilities determine that Fellow meets all appropriate and necessary State and/or Federal requirements for licensure with the Physical Therapy Board of California.

F. Maintain the Clinical Facilities so that they at all times shall conform to the requirements of the California Department of Health Services and the Joint Commission on Accreditation of Healthcare Organizations.

G. Provide reasonable classroom or conference room space at the Clinical Facilities for use in the Program.

H. Permit designated personnel at the Clinical Facilities to participate in the Program to enhance Fellow’s education so long as such participation does not interfere with the personnel's regular service commitments.

I. Retain ultimate professional and administrative accountability for all patient care.

J. Have the right to exclude Fellow from participation in the Program, if Medical Group determines that Fellow is not performing satisfactorily, or fails to continue to meet the eligibility standards set forth above, or is not complying with Medical Group's policies, procedures, rules and regulations.

K. Have the right to withhold certificate of completion upon completion of the Program if the Fellow fails to perform at a satisfactory level during assessment of the Fellow’s performance on 1) The *Kaiser Permanente Criteria-Based Performance Evaluation*; 2) Demonstrate satisfactory performance on 100% of the procedures listed on the *Orthopaedic/Sports Rehabilitation Skills Check Off Sheet*; 3) Demonstrate satisfactory performance on clinical performance evaluations as outlined; 4) Demonstrate satisfactory performance on one written examinations; 5) Demonstrate satisfactory performance on four technique examinations; 4) the participation in the design, literature review, proposal submission, data collection, data analysis, or publication of a controlled, clinical trial in an area of orthopaedic physical therapy; – or – the preparation and submission of a case report to a peer-reviewed journal; 5) provide patient care services at Sports Venues as part of the Fellowship’s community service, 6) provide patient care services for clinical practice hours as outlined, and 7) complete the feedback forms required by the Fellowship as directed by the APTA’s clinical residency and fellowship credentialing committee.

4. COMPENSATION

A. Wages

Clinical services under the Program, which will total a minimum of 1000 hours, will be paid on a bi-weekly basis in accordance with the following rate schedule:

Job Code: Physical Therapist, Clinical Specialist I, Step 1 to 7 based on level of experience as determined by Kaiser Permanente Human Resources’ standard policy.

Hourly Pay: at least $48.47/hour ($48.47 hour is the with benefits rate – the alternative compensation rate – without benefits – is $58.16/hour)

It is agreed that time spend in classroom instruction, community service experience, sports venues, and clinical practice outside of Kaiser, will be unpaid.

B. Benefits

Benefit Package: Health, hospital, and disability insurance

5. TERMINATION:

A. This Agreement shall be effective commencing on February 28th, 2022 and terminating February 25th, 2023. This Agreement may also be terminated immediately without notice if the Medical Group, in its sole discretion, concludes that Fellow’s behavior, performance or professional conduct does not comply with the terms of the Kaiser Permanente policies and procedures, rules of conduct, professional or ethical standards, or with any other requirements of this Agreement, or Fellow’s academic progress is unsatisfactory, or Fellow fails to continue to meet the eligibility standards set forth above.

B. Fellow agrees that if this Agreement expires or is terminated, Fellow shall immediately deliver to Medical Group all property in Fellow 's possession or under Fellow’s control belonging to Kaiser Permanente.

C. Participation in the Program does not entitle Fellow to employment by Kaiser Permanente upon completion of the Program. Fellow understands and agrees that Fellow will not be given special consideration for employment and that Medical Group has not made any representation as to the availability of future employment. If the Fellow has an employment relation with a Kaiser Permanente facility concurrent with this Agreement, participation in the Program does not supersede any concurrent employment relation.

D. Any written notice given in connection with the Program or this Agreement shall be sent, postage prepaid, by person(s), as the case may be:

SOUTHERN CALIFORNIA PERMANENTE MEDICAL GROUP

Attention: Physical Medicine Department Administrator

at the address set forth on Exhibit A attached hereto.

6. CANCELLATION:

Medical Group reserves the right to cancel the Program after an offer letter may have been accepted, before the beginning of a session, because of changes in levels of funding, inadequate staffing, insufficient enrollment or other operational reasons. In the event of a cancellation, Kaiser will refund the entire amount of tuition paid by the resident. Kaiser shall have no obligation to pay wages or a stipend, or provide any of the benefits described in this offer letter for any period after the program has been cancelled.

7. CONFIDENTIALITY AND PROPRIETARY MATTERS:

A. Fellow shall keep in strictest confidence information relating to this Agreement and all other information, which may be acquired in connection with or as a result of this Agreement. During the term of this Agreement and at any time thereafter, without the prior written consent of Kaiser, Fellow shall not publish, communicate, divulge, disclose or use any of such information which has been provided by Kaiser or which from the surrounding circumstances or in good conscience ought to be treated by Fellow as confidential.

B. Fellow expressly agrees that he shall not use any information provided to Fellow by Kaiser in activities unrelated to this Agreement.

C. Upon Kaiser’s request, or at termination or expiration of this Agreement, Fellow shall deliver all records, data, electronic media information and other documents and all copies thereof to Kaiser, and at Kaiser’s option, provide satisfactory evidence that all such records, data, electronic media, information and other documents have been destroyed. At that time, all property of Kaiser in Fellow’s possession, custody or control will be returned to Kaiser. All materials used as a resource and all materials created under this Agreement shall be the sole property of Kaiser.

D. The confidentiality provisions of this Agreement shall remain in full force and effect after the termination of this Agreement.

8. PUBLICITY:

Contractor shall not, without the prior written consent of Kaiser, use in advertising, publicity or otherwise the name of Kaiser Foundation Health Plan, Inc., Kaiser Foundation Hospitals, Southern California Permanente Medical Group or the Kaiser Permanente Medical Care Program, or refer to the existence of this Agreement in any press releases, advertising or materials distributed to prospective customers or other third parties.

9. NOTICES:

All notices required under this Agreement shall be in writing, and shall be deemed sufficiently given if personally delivered or deposited in the United States mail, certified and postage prepaid and addressed to the respective parties as follows:

Kaiser Permanente West Los Angeles: RESIDENT:

6041 Cadillac Ave\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Los Angeles \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

California 90034 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, California 9\_\_\_\_\_\_

Attn.: Renee Rommero/Jason Tonley Attn.: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Program Director/Program Coordinator

These addresses may be changed by written notice given as required by this Section 13.

10. COMPLIANCE WITH LAWS:

Fellow shall perform all work under this Agreement in strict compliance with all applicable federal, state and local laws and regulations. The parties agree that the performance of each party under this Agreement shall at all times comply with, and conform to all governmental executive and agency orders, directives, advisories and guidelines, and with those of the American Board of Physical Therapy Residency and Fellowship Education.

11. WAIVER:

A failure of either party to exercise any right provided for herein shall not be deemed a waiver of any right hereunder.

12. MODIFICATIONS:

No modification, amendment, supplement to or waiver of this Agreement shall be binding upon the parties unless made in writing and duly signed by both parties.

13. SURVIVING SECTIONS:

All obligations under this Agreement which are continuing in nature shall survive the termination or conclusion of this Agreement.

14. RULES OF CONSTRUCTION:

The language in all parts of this Agreement shall in all cases be construed as a whole, according to its fair meaning, and not strictly for or against either Fellow or Medical Group. Section headings in this Agreement are for convenience only and are not to be construed as a part of this Agreement or in any way limiting or amplifying the provisions hereof. All pronouns and any

variations thereof shall be deemed to refer to the masculine, feminine, neuter, singular, or plural, as the identifications of the persons, firm or firms, corporation or corporations may require.

15. ENTIRE AGREEMENT:

This Agreement contains the final, complete and exclusive agreement between the parties hereto. Any prior agreements, promises, negotiations or representations relating to the subject matter of this Agreement not expressly set forth herein is of no force or effect. This Agreement is executed without reliance upon any promise, warranty or representation by any party or any representative of any party other than those expressly contained herein. Each party has carefully read this Agreement and signs the same of its own free will.

16. JURISDICTION:

This Agreement is made and entered into in the State of California, and shall in all respects be interpreted, enforced and governed by and under the laws of that State.

17. EXECUTION:

This Agreement may be executed in counterparts, and all such counterparts together shall constitute the entire Agreement of the parties hereto.

18. SEVERABILITY:

The provisions of this Agreement are specifically made severable. If any clause, provision, right and/or remedy provided herein is unenforceable or inoperative, the remainder of this Agreement shall be enforced as if such clause, provision, right and/or remedy were not contained herein.

19. AUTHORIZATION:

The undersigned individuals represent that they are fully authorized to execute this Agreement on behalf of the named parties.

IN WITNESS WHEREOF, the parties hereto have caused this Agreement to be executed by their respective duly authorized representatives as of the date first written above.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_

Print or Type Name of Fellow Date

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Title: Physical Therapist Fellow (2022/23 Class)

SOUTHERN CALIFORNIA PERMANENTE

MEDICAL GROUP

Received By: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_

Date

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Title: Program Director or Program Coordinator