



KAISER PERMANENTE. SOUTHERN CALIFORNIA



Kaiser Permanente
Southern California
Physical Therapy Residency and Fellowship Programs

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Why should you
consider a Residency
of Fellowship
Program



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WHO DO YOU WANT TO BE?





Vision Without Execution
Is A Hallucination

Thomas Edison



Why Kaiser
Permanente???



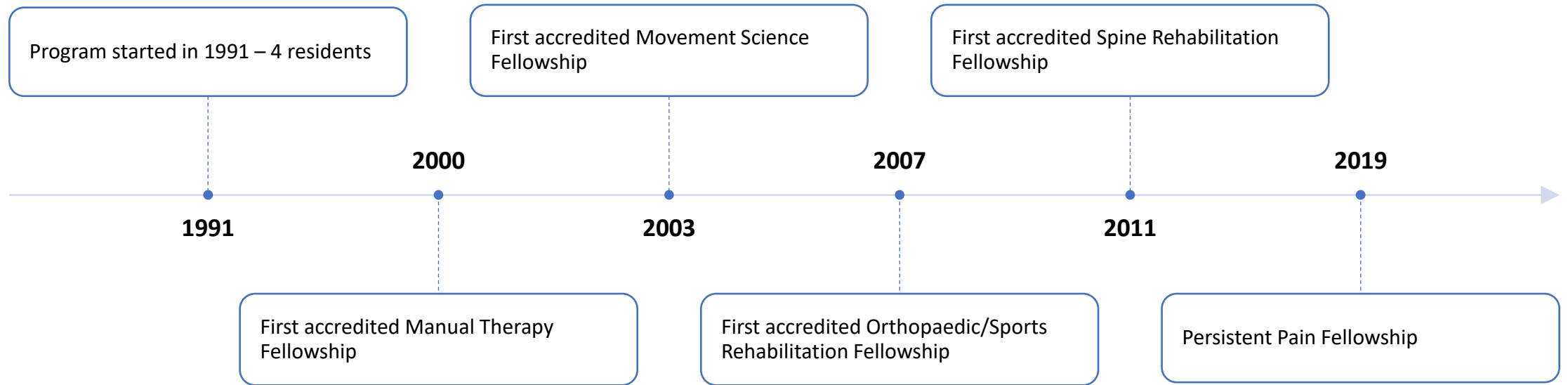
Kaiser Permanente

- 30 Years- Started in 1991
- First Accredited Residency Program in US
- Resources
- Teaching Faculty
- Clinical Mentoring Faculty
- Diverse Patient Experiences
- Salary
- Benefits



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Program History



Longest accredited Physical Therapy Residency
and Fellowship Program in the US

Community Service and Research



- Kaiser Permanente Physical Therapy Residents Fellows will provide individual consultation for patient in their community's underserved locations.
- In addition, the Residents will be required to develop and run a research project and present to their cohort at the end of the year.



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Orthopaedic Physical Therapy Residency

Orthopaedic Residency

- 25-29 resident positions
(full-time/part time)
- 10 Facilities
 - Baldwin Park(2),
Downey(2), Ontario(1), Los
Angeles(2), Orange(6),
Panorama City(4),
Riverside(1), South Bay(2),
West Los Angeles(5) and
Woodland Hills(1)



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Each Resident will receive...

- 288+ hours of classroom/lab instruction includes
- A minimum of 150 hours of 1:1 supervision while treating patients
- A minimum of 1350 hours of unsupervised clinical practice with clinic preceptor available (Includes time working at free clinic)



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Classes/ Labs

- Weekend classes will be taught by renowned lecturers specializing in multiple topics
- Classes are designed to help you specialize in the examination and treatment of not only Orthopaedic patients but also includes topics such as:
 - Pain Science
 - Emotional Intelligence
 - Clinical Reasoning
 - Performance Training and Strengthening
 - Movement Science

Course Content of Instruction			
		...an Theory and Neuroscience	
	Saturday	Orientation to the program Skills workshop: Effective History Taking Strategies Clinical Reasoning- Introductions	Skulpan . Kathy Sh. Denis Den,
	Sunday KP WLA	Spine Assessment Work Shop: Effective History Taking Strategies Data Collection	Denis Dempse,
7th	Sat	Emotional Intelligence: Understanding and Improving Communication with your patients - Part 1	Renee Romero
March 21- 22	Sat and Sun	Clinical Reasoning 1 and Pain Intelligence 1	Skulpan Asavasopon
March 28- 29 ^a	Sat & Sun	Lumbar Spine- Classification models, -Manual procedures and Movement coordination disorders	Denis Dempsey Kathy Shimamura
April 4-5 ^a	Sat-Sun (KPWH)	Shirley Sahrman Seminar @ Mount St. Mary's	Shirley Sahrman
April 18- 19th	Sat/Sunday KPWLA	Critical Analysis of Scientific Literature, Presentation Proposals, Gait Biomechanics and Pathomechanics	Chris Powers
April 25 ^a	Sat	Objective Exam- Data Collection and Handling Skills	Denis Dempsey
May 2 ^a /3 ^a	Sat & Sun	Pain Intelligence 2 and 3	Skulpan Asavasopon
May 9 ^a	Sat & Sun	Thoracic Spine/Ribs	Jim Ries
May 12- 13 ^a	Tues/Wed	Pain Neuroscience and Clinical Applications	Carolyn Berrymen
May 16 ^a /17th	Sat & Sun KPWLA	Cervical Spine - Classification Models, Manual procedures Movement coordination disorders	Denis D Kath
May 30/31st	Sat & Sun KP WLA	Cervical Spine # 2/Shoulder Manual procedures/Movement coordination disorders	
Jun 6/7th	Sat & Sun KPWLA Gym	Pain Intelligence 4 and 5	
Jun 10 ^a -21 ^a Jun 20 ^a	Mon - Fr Sat	1 st Mid-Year Clinical Performance Evaluation Weeks Imaging, Pain Pharmacology, and Medical Intervention Physicians Perspective	
7 th	Saturday	Emotional Intelligence: Understanding and Improving Communication with your patients - Part 2	
	Sat and Sun	Acceptance Commitment Therapy- Getting 7	
	Sun	Clinical Reasoning II-III: Reasoning thro KPWLA)	
		Advanced Medical Screening -Advanced Motor Imagery	
		2 nd Mid-Year Clinical Performance E	



Content

- Upper/Lower Quadrant Physical Examination and Manual Treatment Procedures
- Upper/Lower Quadrant Biomechanical Examination and Treatment
- Clinical Research
- Interviewing and Communication Skills
- Emotional Intelligence
- Scientific Basis of Orthopaedic PT Clinical Practice
- Pain Science



Mentoring

- You will receive 1 to 1 Mentoring for 3 hrs. each week from the Orthopaedic Certified Specialist (OCS)
- Mentors are Fellowship Graduates
- Your mentor will shadow and assist with the treatment of patients
- You will have the opportunity to discuss patients and develop goals with your preceptor weekly



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Salary and Benefits

- Part Time– 30 hours/wk.
\$39.55/hr (\$32.93)
- Full Time 32+ hours/wk. –
\$44.27 + /Hr (\$36.89)
- Benefits
 - Medical
 - Dental
 - Medical and Health expense accounts
 - Life Insurance



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FELLOWSHIPS

Fellowships

- Current: 13 Fellows
- Fellows located in 6 facilities
 - **Ortho/Sports (6):** Orange , Los Angeles, West Los Angeles, and Woodland Hills
 - **Persistent Pain (3):** West Los Angeles, and Woodland Hills
 - **Orthopaedic Fellowship in Spine (5):** Harbor City Los Angeles, and West Los Angeles



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Fellowship Programs

- 12 month (52 week) program
March – March
- 1500 hours
 - 1000 hrs Clinical practice
 - 350–500+ hrs Classroom
 - 150+ hrs 1:1 Clinical Mentoring

Eligible to for FAAOMPT upon graduation
(Sports Only)



CURRICULUM

CORE Content:

- Examination, Clinical Decision Making, Treatment, Education

Specialty content for each Fellowship Program:

- Biomechanics Series, Performance Training
- Spine– Scoliosis, Spine Surgeons, DNS
- Pain Science
 - UNISA – Pain certificate program
 - GMI
- Advanced Neurodynamics





Salary and Benefits

Salary

- Part Time– 20 hours/wk.
\$57.59/(\$47.92+)
- Benefits
 - Medical
 - Dental
 - Medical and Health expense accounts
 - Life Insurance



Program Outcomes

- Approximately 600 Graduates
- 20+ peer reviewed publications
- 60+ poster and platform presentations and State, National and International Conferences
- Graduates have gone on to serve in roles at the State and National levels of the professional association, academia, start residency and fellowship program



Organization Benefit - Retention

- 2012 – 2016 Cohorts
 - 189 graduates
 - 105 retrained – 56% after graduation
 - 88 currently employed- 83%



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Where Do I Sign Up?

Application Process

- Application Deadlines
 - Residency –Preferred applicant deadline – August 1st
 - Fellowship – August 31st
- RFPTCAS –
<http://www.abptrfe.org/RFPTCAS/ApplicantWebsite/>

PTLA Status– Eligible to apply, must have taken exam prior to start of program



Application Requirements

- Application Letter and Essay Questions
- Curriculum Vitae
- Letters of Recommendation (3)



Locations

Residency

- Site preference noted in application
- Will only be considered at location indicated in application

Fellowship

- Will be considered for all locations



Interview Process

Residency

- Applicant Selection Meeting
- Interview with 1-2 locations
- Acceptances – October

Fellowship

- Interviews Oct/Nov
- Panel Interviews
- Acceptance - Nov





On-Boarding

- Online Application
- Health Screening – Must be onsite
- Orientation: 3-days
- Health Connect Training- EMR

Questions????

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