

Kaiser Permanente Persistent Pain Fellowship Presents:

MOVING FROM CHRONIC PAIN TO FIT FOR PURPOSE: A NOVEL MODEL



January 13th, 2024
08:00 AM to 03:00PM
Total CEUS: 3.75



Kaiser West Los Angeles
6041 Cadillac Ave, Los Angeles CA
90034



Objectives

- ✓ Identify the type of patients who will benefit from the fit for purpose model.
- ✓ Identify which patients acceptance commitment therapy can be beneficial for.
- ✓ Utilize the skill of individualization to achieve best results for each patient utilizing both Fit for Purpose and/or acceptance commitment therapy.
- ✓ Demonstrate proficiency in individualization of care for patients with persistent pain by assessing knowledge about the physiology of how pain works, beliefs about the fit for purpose of the back, back-specific body representations and awareness.
- ✓ Demonstrate proficiency in performing graded motor imagery performance, sensory precision training, and movement precision.

Presented By:

Michelle Trieu, PT , DPT OCS
ZaNiah Bradshaw PT, DPT

Schedule

8:00-9:00 Intro to Fit for Purpose Model
9:00- 9:45 Understanding Pain and Education/ Lab
9:45- 10:30 Sensory Precision Training / Lab
10:30- 11:15 Graded Motor Imagery and Motor precision training / Lab
11:00-11:15 Break
11:15- 12:15 Patient Vignette- ACT
12:15- 1:15 PM Lunch
1:15-2:30 ACT / Lab
2:30- 3:00 Takeaways / Questions

Questions? Contact:
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Registration Fee: \$25