



DANCERS AND DANCE RELATED INJURIES

WHY take this course?

This course will provide a framework to effectively assess dancers of all genres with injury to the upper quarter, lower quarter, and/or spine. Our hope is to provide insight into unique considerations for the sport as well as optimal management strategies including interventions, education, and resources for continued learning.

Schedule of Events:

8am – Introduction
8:30am – Lower extremity lecture
9:30am – Lower extremity lab
11am – Spine lecture
11:30am – Spine lab

12:30pm – Lunch

1:30pm – Upper extremity lecture
2:00pm – Upper extremity lab
3:00pm – Q&A

Presented By:

Jon Sumilat, PT, DPT, OCS
Mike Hwang, PT, DPT, OCS
Alex Chwa, PT, DPT, OCS
Alysha Terrell, PT, DPT, OCS
Emily Reinking, PT, DPT, OCS

KAISER PERMANENTE Sports Orthopedic Fellowship

Cost: \$25

LOCATION

6041 Cadillac Ave.
Los Angeles, CA 90034
Room 140

DATE

December 14, 2024
8:00am-3pm

Contact

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