

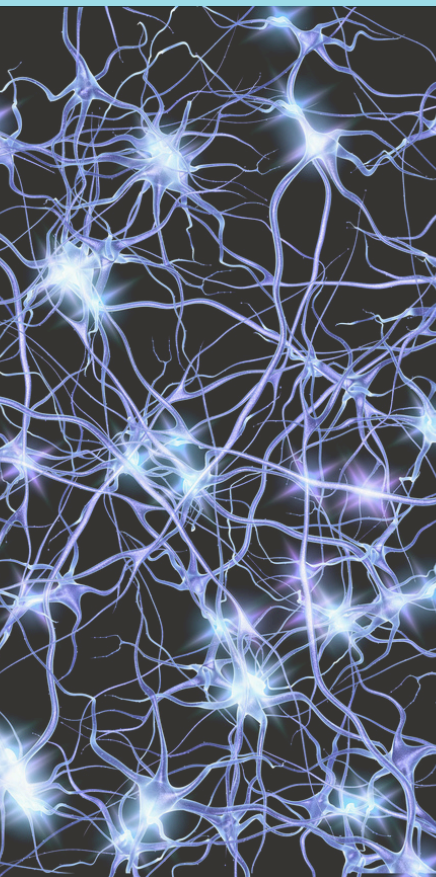
Persistent Pelvic Pain Through the Lens of Modern Pain Science



Course Objectives

This course offers a practical modern pain science approach to complex pelvic pain and translate them into effective, evidence-based treatment strategies.

- Integrate pain science with pelvic health principles to guide evaluation and treatment.
- Apply pelvic-health-specific clinical reasoning to complex pelvic pain cases.
- Use evidence-based pelvic health strategies to improve function and reduce symptoms.



Course Outline

- 8:00am – 8:05 am: Introductions
- 8:05 am – 9:00 am: Introduce patient case and modern pain frameworks
- 9:00 am – 9:15 am: Break
- 9:15 am – 10:05 am: Pelvic pain through the lens of pain frameworks and clinical reasoning
- 10:05 am – 10:15 am: Break
- 10:15 am – 11:00 am: Management strategies for persistent pelvic pain and wrap up patient case

CEUs: 3 hours; .3 CEUs

January 24, 2026
8:00 a.m. PST
Location: Zoom

Presented by:
Natalie Cerda, PT, DPT, OCS

Kaiser Permanente's
Persistent Pain Rehabilitation
Fellowship

Questions?

Please contact:
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